

BERGEN INDOOR RECORDS

Need 1990 & 1991 -- Need auto times between 6.70 and 6.75 (55) 7.51 to 7.65

200 between 23.0 and 23.8	
300 between 36.1 and 36.642.1 to 43.9	
400 between 51.19 and 52.2	59.83 to 62.2
600 between 1:25.6 and 1:26.4	1:42 to 1:44.9
800 no boys	2:20.2 to 2:25.0
1000 no boys	3:12.0 to 3:14.3
1600 no boys	5:11.61 to 5:25
3,200 between 9:43.0 and 9:49.9	11:48.0 to 11:56.7
PV 12-6 to 13-5	
TJ 43 1 ¾ to 43-5 ¼	34-4 to 35-6 ¼
SP no boys	35-3 to 37-8 ¼

BOYS

55M

1. Kyle Ellerson, Bergen Catholic	2014	6.1
2. Bob Hauk, St. Joseph Regional	1969	6.2
Derrick Horner, Don Bosco	1988	
Brian Gilbert, Teaneck	2005	
5. Bill Walker, Englewood	1965	6.3
Stan Finney, Hackensack	1970	
John Rizzi, Elmwood Park	1975	
Ben James, Hackensack	1982	
Cliff Duncan, Englewood	1983	
LaMonte Brown, Demarest	1986	
Stan Finney, Jr., Hackensack	1988	
Joe Dawkins, Hackensack	1995	
Cooper Rego, St. Joseph Regional	1997	
Michael Ray Garvin, Don Bosco	2004	
Sullivan Parker, Bergenfield	2004	
Anthony Pomo, Saddle Brook	2005	
David Butler, Teaneck	2008	
Mark Jones, Hackensack	2011	
Jahmel Johnson, Bergen Catholic	2016	
Quanzie Lumsden, Englewood	2018	

55M (AT)

1. Joe Dawkins, Hackensack	1995	6.30
2. Derrick Horner, Don Bosco	1988	6.41
3. Kyle Ellerson, Bergen Catholic	2015	6.45
4. Lamonte Brown, Demarest	1987	6.48
5. Stan Finney, Jr., Hackensack	1989	6.49
Cooper Rego, St. Joseph Regional	1997	
Jemel Carter, Paramus Catholic	2019	
8. David Butler, Teaneck	2008	6.50
9. Raldaine McDonald, Englewood	2008	6.51

Jahmel Johnson, Bergen Catholic	2016	
11. Conor Davidson, River Dell	2014	6.53
12. Rahmir Johnson, Bergen Catholic	2019	6.54
13. Alijah Jackson, Paramus Catholic	2016	6.55
14. Deandre Jennings, Hackensack	2012	6.57
Javon Turner, Paramus Catholic	2017	
16. Daryian Miles, Teaneck	2012	6.58
17. Michael Jackson, Hackensack	1999	6.59
18. Sherman Alston, St. Joseph	2014	6.60
Luke Bussetti, Northern Highlands	2019	
20. Adrian Durant, Teaneck	2001	6.61
Sullivan Parker, Bergenfield	2004	
Anthony Pomo, Saddle Brook	2005	
Brian Gilbert, Teaneck	2005	
24. Kevon Lumsden, Englewood	2012	6.62
Hayden Lyons, Tenafly	2013	
Brian Moran, Hasbrouck Heights	2016	
Cameron Shaw, Ridgefield Park	2018	
28. Zack Smithlin, Fair Lawn	1998	6.63
Mustafa Lawrence, Queen of Peace	2010	
Ben Davis, Old Tappan	2013	
Zack Bazile, St. Joseph	2014	
Adrian Taffe, Bergen Catholic	2019	
Jayjoon Sin, Bergen Tech	2019	
34. Chris Ziegler, Ridgewood	2007	6.64
35. Greg Stripe, Mahwah	2008	
Quanzie Lumsden, Englewood	2018	6.65
38. Ackeme Brown, Englewood	2009	6.66
39. Chris Estrella, Ridgefield Park	2014	6.67
40. Marvin Whilby, Don Bosco	2009	6.68
Tyler Shelder-McEvoy, No. High.	2015	
42. Tony Hayes, Hackensack	1988	6.69
Conroy Walker, Hackensack	2010	
Al Artesona, Glen Rock	2010	
Jamal Williams, Teaneck	2012	
Kenny Clarke, Ramapo	2014	
Kobi Grant, Ridgewood	2017	
Matt Tai, Ridgewood	2018	
49. Akira Monri, Ridgewood	2008	6.70
Justin Wimberley, Don Bosco	2012	
Lamar Thomas, Hackensack	2013	
Abdul-Hassan Neblett, Paramus Catholic	2015	
Darnell Jackson, Teaneck	2018	
54. Damian Miles, Teaneck	2007	6.71
Akeem Thomas, Teaneck	2007	
Michael Huertas, Fort Lee	2017	
Jabari Garvin, St. Joseph Regional	2012	
58. Max Witt, Ridgewood	2009	6.72
Michael Sargeant, Englewood	2010	
Josh Enriquez, Paramus	2011	
Malcolm McKnight, Teaneck	2011	
Zach Hubner, River Dell	2013	

Jake Sabatini, Ridgewood	2014	
Rayshawn Hammond, Hackensack	2018	
Owari Hoo, Teaneck	2018	
Dyoe Hostin, Don Bosco	2019	
Yosef Mammoun, Paramus Catholic	2019	
68. Anthony Rosenburgh, Teaneck	2002	6.73
Tarique Gray, Bergen Catholic	2011	
Sherman Alston, St. Joseph Regional	2012	
Luke Lyons, Westwood	2013	
Romaine Robinson, Don Bosco	2018	
J.C. Barratta, Old Tappan	2019	
74. Vincent Messina, No. Highlands	2013	6.74
75. Dorien Bryant, Don Bosco	2000	6.75
Kevin Thompson, Teaneck	2002	
Anthony Cinelli, Paramus Catholic	2003	
Krystian Bautista, Paramus Catholic	2013	
Josh Landsman, Demarest	2014	
Miles Watson, NV/Old Tappan	2016	

200

1. Rahmir Johnson, Bergen Catholic	2019	21.68
2. Damien Miles, Teaneck	2008	21.8
3. Garrett Kroner, Indian Hills	2006	22.0
4. Marvin Whilby, Don Bosco	2009	22.17
5. Daryian Miles, Teaneck	2012	22.20
6. David Butler, Teaneck	2008	22.1
Tarique Gray, Bergen Catholic	2011	
8. Melvin Sampson, Hackensack	2001	22.2
Kyle Ellerson, Bergen Catholic	2015	
10. Deandre Jennings, Hackensack	2012	22.34
11. Dorien Bryant, Don Bosco	2000	22.3
12. Joe Dawkins, Hackensack	1995	22.47
13. Quanzie Lumsden, Englewood	2018	22.51
14. Chris Estrella, Ridgefield Park	2014	22.4
Christian Ozoria, Teaneck	2015	
16. Mark Lumsden, Englewood	2001	22.5
Adrian Durant, Teaneck	2000	
Elijah Holder, Bergenfield	2010	
Kevin Condal, Hasbrouck Heights	2010	
Ernest Wingate, Bergen Catholic	2010	
Casey Pleasants, Teaneck	2010	
Brandon Gregory, Old Tappan	2012	
23. Jahmel Johnson, Bergen Catholic	2016	22.69
24. Conor Davidson, River Dell	2014	22.72
25. Adrian Taffe, Bergen Catholic	2019	22.73
26. Akeem Thomas, Teaneck	2007	22.6
Conroy Walker, Hackensack	2009	
Mark Jones, Hackensack	2012	
Dalton Friend, Don Bosco	2014	
Jaleel Felton, Pascack Valley	2014	
Eddie Dehais, Bergen Catholic	2015	
Michael Huertas, Fort Lee	2017	

33. Javon Turner, Paramus Catholic	2016	22.78	
34. Zack Smithlin, Fair Lawn	1998	22.7	
Sullivan Parker, Bergenfield	2004		
Tinashe Kitchen, Fort Lee	2006		
Jaivon Palmer, Englewood	2008		
Zadique White, Teaneck	2010		
Chris Maldonado, Paramus Catholic	2012		
Jordan Jones, Teaneck	2012		
Kobi Grant, Ridgewood	2017		
Nana Agyemang, Paramus Catholic	2018		
43. Luke Bussetti, Northern Highlands	2019	23.03	
44. George Jenkins, Teaneck	2014	22.8	
Andrew Jones, Englewood	2018		
46. Michael Epps, Englewood	2006	22.9	
Kevon Lumsden, Englewood	2012		
Tahj Martin, Fort Lee	2017		
Christian Abraham, Paramus Catholic	2018		
50. Lukkas Londono, Cliffside Park	2019	23.05	
51. Andrew Sanchez, River Dell	2019	23.06	
52. Yosef Mammoun, Paramus Catholic	2019	23.13	
53. Dyoe Hostin, Don Bosco	2019	23.14	
Rayshawn Hammond, Hackensack	2018		
55. Alan Okechukwu, Paramus	2019	23.17	
56. Jon Reid, Bergen Tech	2003	23.19	
57. Ausar Walcott, Hackensack	2007	23.0	
Jason Kelsey, Don Bosco	2007		
Akira Monri, Ridgewood	2008		
Calvin Knox, Indian Hills	2011		
Jake Sabatini, Ridgewood	2014		
Gary Polanco, Cliffside Park	2014		
Dan Cho, Old Tappan	2014		
Andrew Schumacher, Old Tappan	2015		
Alijah Jackson, Paramus Catholic	2016		
Darnell Jackson, Teaneck	2018		
67. Ed Weiss, Pascack Valley	1995	23.1	
Cooper Rego, SJR	1997		
Jon Relay, Bergen Catholic	1999		
Matt St. Germain, Queen of Peace	2005		
Mike DiBella, Northern Highlands	2007		
Lemar Thomas, Hackensack	2013		
Tommy Smith, Hackensack	2016		
Matt Tai, Ridgewood	2018		
Gianni Lisa, St. Joseph	2018		
76. Jayjoon Sim, Bergen Tech	2019	23.29	
Aaron Kim, Fort Lee	2019		
78. Jarrett Millien, Paramus Catholic	2018	23.33	
79. Alex Ruhl, Ridgewood	2019	23.34	
Stan Finney Jr., Hackensack	1989	23.2	
Joe Jones, Englewood	2008		
Mark Filandro, Indian Hills	2009		
Anthony Kardonsky, Tenafly	2014		
Tom Reinas, Old Tappan	2015		

Anthony Lorenc, Indian Hills		2016	
86. Brian Gilbert, Teaneck	2005		23.35
87. Ebner Edwards, Mahwah		2017	23.36
Krisnive Shepherd, Teaneck		2018	
89. Brandon Hospie, Paramus Catholic		2018	23.38
90. Ky Scott, Teaneck		2003	23.3
John Rubinetti, Bergen Catholic		2007	
Shawn Rembecky, Paramus		2007	
Rich Davis, Hasbrouck Heights		2011	
Doohee Han, Ridgewood		2014	
Tyler Shedler-McAvoy, No. Highlands		2016	
Ameer Miller, Hackensack		2016	
97. Lacquan Stewart, Bergenfield 2019			23.48
98. Jayquan Levy, Teaneck		2016	23.49
99. Thomas Varano, Pascack Hills		2019	23.54
90. Kwame Banahene, Hackensack		2006	23.4
Anthony Salemo, Ramsey		2014	
Kevin Mawyin, Ridgfield Park		2014	
Ahman Williams, Paramus Catholic		2016	

300Y

1. Doug Jackson, Hackensack		1980	31.7
2. Walt McCall, Hackensack		1988	31.99
3. Len Byrd, Leonia		1961	32.4
Cliff Duncan, Englewood		1983	
5. Jerry Wyche, Hackensack		1974	32.5
Brian Hansford, Englewood		1979	
Derrick Horner, Don Bosco		1988	
Joe Johnson, Hackensack		1986	
Patel Whyte, Hackensack		2002	
10. Mike Turner, Fort Lee		1984	32.6
11. Matt Cato, Don Bosco		2008	32.7
12. James Whiting, Hackensack		1993	32.88
13. Gary Gagliardi, Hasbrouck Heights		2001	32.8
Mark Filandro, Indian Hills		2010	
15. Matt Krever, Ridgewood		1991	32.9
Andrew Gordon, Teaneck		1985	
Akeem Thomas, Teaneck		2007	
18. Zack Smithlin, Fair Lawn		1998	33.0
Tarique Gray, Bergen Catholic		2010	
John Malespina, Park Ridge		2012	
21. Tim McDermott, Bergen Catholic		1993	33.1
Greg Meletta, Bergen Catholic		1996	
Kawesi Darby, Hackensack		1998	
Jon Reid, Bergen Tech		2003	
Doug Miller, Tenafly		1984	
Joe Hawthorne, Saddle Brook		1985	
Dan Duff, Don Bosco		1985	
Noah Lartigue, Don Bosco	2012		
Lou Mastro, Paramus Catholic		1976	
Bob Darella, Paramus		1976	

Kevin Kealy, Paramus Catholic	1976		
29. Ed Weiss, Pascack Valley	1995	33.3	
Jim Froehlich, Rutherford	1984		
Rich Sobi, Don Bosco	1985		
Marvin Whilby, Don Bosco	2009		
33. Mike Rosenberg, Queen of Peace	1988	33.4	
Dorien Bryant, Don Bosco	2001		
Will Van Thunen, Don Bosco	2002		
36. Kevin Ervin, Bergen Catholic	1992	33.5	
Mark Lumsden, Englewood	2001		
Jamie Havenar, Don Bosco	1990		
Tom Randall, Bergen Catholic	2008		
Kevin Halloran, Indian Hills	2012		
Steve Grau, Saddle Brook	1976		
41. Vic Herlinsky, Don Bosco	1984	33.6	
Tony Long, Teaneck	1984		
Dom Gaston, Bergen Catholic	2008		
Corey Caidenhead, Bergenfield	2009		
John Cerulli, Paramus Catholic	1976		
45. Roan Sterling, Teaneck	1993	33.7	
46. Mike Stein, Glen Rock	1995	33.8	
Connie Monisera, Lyndhurst	1950		
Dan Drescher, Don Bosco	1984		
Will Ring, Bergen Catholic	2008		
50. Earnest Simmons, Englewood	1992	33.9	
Paul Zeuke, New Milford	1985		
Billy Griffith, Don Bosco	2009		

300M

1. Garrett Kroner, Indian Hills	2006		34.3
2. Daryian Miles, Teaneck	2012	34.5	
3. Kevin Condal, Hasbrouck Heights	2010		34.6
4. Damian Miles, Teaneck	2008		34.7
5. Akeem Thomas, Teaneck	2007		34.8
6. Jaleel Felton, Pascack Valley	2014		34.9
7. Chris Estrella, Ridgefield Park	2014		35.1
Christian Ozoria, Teaneck	2015		
Andrew Schumacher, NV/Old Tappan	2016		
10. Rahmir Johnson, Bergen Catholic	2019		35.31
11. Dimar Labega, Rutherford	2002		35.3
Tim Hamlett, Don Bosco	2012		
13. Elijah Holder, Bergenfield	2010		35.4
George Jenkins, Teaneck	2014		
15. Joe Velasquez, Paramus	1999		35.5
Will Ring, Bergen Catholic	2009		
17. Mark Lumsden, Englewood	2001		35.6
Ken Sinkovitz, Bergen Catholic	2003		
19. Tarique Gray, Bergen Catholic	2011		35.85
20. Kiyon Harley, Paramus Catholic	1999		35.7
Patel Whyte, Hackensack	2002		
Conor Davidson, River Dell	2014		

Evan Bonfield, Mahwah	2017	
Anthony Lorenc, Indian Hills	2017	
25. Tim McDermott, Bergen Catholic	1993	35.8
Ariel Acosta, Bergenfield	2000	
Derrick Darius, Bergen Catholic	2002	
Will Van Thunen, Don Bosco	2002	
Andrew Sargeant, Englewood	2010	
In Soo Hwang, Ridgewood	2010	
Louis O'Keefe, Emerson	2015	
32. Walt McCall, Hackensack	1988	35.96
33. Stan Finney, Jr., Hackensack	1989	35.9
Darius Pemberton, Hackensack	1993	
Zack Smithlin, Fair Lawn	1998	
Jason Kelsey, Don Bosco	2007	
Raldaine McDonald, Englewood	2008	
Calvin Knox, Indian Hills	2012	
Max Linden, Pascack Valley	2012	
DeAndre Jennings, Hackensack	2012	
41. Javon Turner, Paramus Catholic	2016	36.21
42. Will Arzenis, Old Tappan	1999	36.0
Matt St. Germain, Queen of Peace	2005	
Matt Bieszard, Midland Park	2007	
Lonie Cunningham, Bergen Tech	2008	
46. Jahmel Johnson, Bergen Catholic	2016	36.32
47. Gerald Spears, Teaneck	1989	36.1
Dorian Bryant, Don Bosco	2000	
Andrew Giannotti, Westwood	1998	
Stai-Sean Lyew, Bergen Catholic	2005	
Tom Randall, Bergen Catholic	2008	
Matt Cato, Don Bosco	2008	
Conroy Walker, Hackensack	2009	
Zach Hubner, River Dell	2013	
Kevin Halloran, Indian Hills	2013	
Cory Adelson, Demarest	2014	
Quanzie Lumsden, Englewood	2017	
58. Willie Best, Hackensack	1991	36.2
Anthony Cinelli, Paramus Catholic	2003	
Darrin Chandler, Paramus Catholic	2005	
61. Michael Jackson, Hackensack	1999	36.3
Mario Pozo, Don Bosco	1999	
Aaron Richardson, Hackensack	2000	
Sullivan Parker, Bergenfield	2004	
Ausar Walcott, Hackensack	2007	
Mark Jones, Hackensack	2011	
Brandon Gregory, Old Tappan	2012	
Jabari Garvin, St. Joseph Regional	2012	
Ryan Oellermann, River Dell	2014	
Ebner Edwards, Mahwah	2017	
71. Gareth Hedges, Westwood	1999	36.46
72. Brian Barry, Don Bosco	1992	36.4
James Whiting, Hackensack	1993	
Joe Dawkins, Hackensack	1995	

Greg Meletta, Bergen Catholic	1996	
Rob Grammer, Glen Rock	2003	
Stan Finney Jr., Hackensack	1989	
Tinashe Kitchen, Fort Lee	2006	
Akira Monri, Ridgewood	2008	
Jake Hubschman, Demarest	2009	
Damien Elliott, Teaneck	2012	
Rudolph Henriquez, Hackensack	2012	
Kobi Grant, Ridgewood	2017	
Matt Tai, Ridgewood	2017	
85. Joshua Gittens, Paramus Catholic	2019	36.55
86. Kevin Deloughry, Bergen Catholic	2017	36.60
87. Walter King, Hackensack	1995	36.5
Kevin McVeagh, River Dell	2007	
David Butler, Teaneck	2008	
Morgan Reilly, Westwood	2010	
Casey Pleasants, Teaneck	2010	
Quentin Phanord, Paramus Catholic	2015	
93. Felipe Zelaya, Fort Lee	1999	36.65
94. Tony Yamasaki, Englewood	1999	36.72

400M

1. Tarique Gray, Bergen Catholic	2011	48.44
2. Mark Filandro, Indian Hills	2010	48.53
3. Ken Sinkovitz, Bergen Catholic	2003	48.7
4. Garret Kroner, Indian Hills	2006	49.07
5. Jaleel Felton, Pascack Valley	2014	49.23
6. Joe Velasquez, Paramus	1999	49.36
7. Akeem Thomas, Teaneck	2007	49.39
8. Tim Hamlett, Don Bosco	2012	49.4
9. George Jenkins, Teaneck	2014	49.72
10. Brandon Gregory, Old Tappan	2012	49.7
11. Bryan Murphy, Teaneck	2011	49.8
12. Matt Cato, Don Bosco	2008	49.95
13. Max Linden, Pascack Valley	2012	49.97
14. Len LaBarre, Paramus	1979	49.9
Corey Caidenhead, Bergenfield	2009	
Tom Rienas, Old Tappan	2016	
17. Kevin Condal, Hasbrouck Heights	2010	50.0
18. Damien Elliott, Teaneck	2011	50.19
19. Walter King, Hackensack	1995	50.31
20. John Sanford, St. Joseph Regional	2010	50.2
21. Daryian Miles, Teaneck	2012	50.40
22. Zack Smithlin, Fair Lawn	1998	50.3
Evan Bonfield, Mahwah	2017	
24. Barry Allen, Teaneck	2008	50.43
25. Jerry Wyche, Hackensack	1974	50.4*
Dom Gaston, Bergen Catholic	2008	
Noah Osterhus, Westwood	2015	
Will Rienas, Old Tappan	2016	
Sean Roberts, Saddle Brook	2018	
30. Adrian Durant, Teaneck	2002	50.59

31. Willie Best, Hackensack	1991	50.5
Ed Korkuch, Bergen Catholic	1972	*
Gary Gagliardi, Hasbrouck Heights	2001	
Vic Herlinsky, Don Bosco	1984	
AJ Hall, Pascack Valley	2015	
Michael Petrazzuolo, Ramapo	2018	
37. Joshua Gittens, Paramus Catholic	2019	50.73
38. Sharif Webb, Don Bosco	2007	50.6
Keegan Carter, Paramus Catholic	2009	
Hesham Azzam, Teaneck	2009	
41. Daniel Lehman, Tenafly	2014	50.76
42. Joe Hawthorne, Saddle Brook	1985	50.7*
Mike Tyson, Englewood	1972	*
Jack Kerin, Indian Hills	2016	
45. Eddie Dehais, Bergen Catholic	2015	50.87
46. Jon Reid, Bergen Tech	2003	50.8
Jim Lordeman, Tenafly	2005	*
Andrew Schumacher, Old Tappan	2016	
Kevin Deloughry, Bergen Catholic	2017	
50. Calvin Knox, Indian Hills	2011	50.97
51. Chris Hall, Teaneck	1994	51.02
52. Johjan Carela, Paramus Catholic	1999	50.9
Mike Turner, Fort Lee	1984	
Bob Arvidson, Don Bosco	1985	
John Malespina, Park Ridge	2012	
56. Walter McCall, Hackensack	1988	51.05
57. Ariel Acosta, Bergenfield	2000	51.0
Joshua Simmons, Hackensack	2004	
Jim Froehlich, Rutherford	1984	
Vin Gareffa, Hasbrouck Heights	2005	
Eric Kim, Mahwah	2015	
62. Damian Miles, Teaneck	2008	51.19
Andrew Sanchez, River Dell	2019	
64. Corey Crawford, Indian Hills	2010	51.21
65. Louis O'Keefe, Emerson	2015	51.24
66. Rob Nelson, Tenafly	1958	51.1*
John Graham, Emerson	1973	*
Marc Muckle, Teaneck	2006	
Billy Leonard, Bergen Catholic	2010	
Tom Selvaggi, Bergen Catholic	2014	
71. Kevin Ervin, Bergen Catholic	1992	51.2
Bob Miller, Bergen Catholic	1999	
John Rubinetti, Bergen Catholic	2007	
James Buser, Mahwah	2013	
75. In Soo Hwang, Ridgewood	2011	51.40
76. Michael Ray Garvin, Don Bosco	2004	51.41
77. Matt Pichel, Dwight-Englewood	1992	51.3
Mike DiBella, Northern Highlands	2007	
Rudolph Henriques, Hackensack	2012	
80. James Whiting, Hackensack	1993	51.46
81. Warren Fields, Teaneck	2011	51.48
82. Ben Russell, Queen of Peace	1972	51.4*

Tinashe Kitchen, Fort Lee	2007	
Matt Schneider, Paramus	2013	
Dan Lynch, Bergen Catholic	2014	
Matan Arginteanu, Dwight-Englewood	2016	
87. Quentin Phanard, Paramus Catholic	2015	51.61
88. Greg Meletta, Bergen Catholic	1996	51.5
Rob Kerr, Tenafly	1967	*
Brian Reilly, Indian Hills	2007	
Mark Jones, Hackensack	2012	
Rahmir Johnson, Bergen Catholic	2016	
Mark Dexter, Tenafly	1971	*
94. Andrew Giannotti, Westwood	1998	51.64
95. Juan Llinas, Ridgewood	2011	51.66
96. Ebner Edwards, Mahwah	2017	51.71
97. Alden Shorter, Teaneck	1997	51.73
98. Bob Korkush, Bergen Catholic	1974	51.6*
Ryan McVeigh, River Dell	2009	
Pat Degnon, Demarest	2012	
Dylan Perez, Ridgefield Park	2013	
Ben Malone, Pascack Valley	2013	

500M

1. Bob Arvidsen, Don Bosco	1985	1:06.22
2. Andrew Giannotti, Westwood	1998	1:06.70
3. Neil Concepcion, Demarest	1995	1:07.91
4. Greg Meletta, Bergen Catholic	1996	1:08.63
5. Tom Randall, Bergen Catholic	2008	1:09.11

600Y

1. Bob Arvidson, Don Bosco	1985	1:13.4
2. Joe Hurley, Don Bosco	1975	1:13.5
3. Ken Sinkovitz, Bergen Catholic	2003	1:13.7
4. Willie Best, Hackensack	1991	1:13.9
5. Vic Herlinsky, Don Bosco	1984	1:14.1
6. Kevin Byrne, Bergen Catholic	1975	1:14.5
Mark Filandro, Indian Hills	2008	
8. Andrew Giannotti, Westwood	1998	1:15.1
Bob Korkush, Bergen Catholic	1974	
10. Brian Barry, Don Bosco	1992	1:15.2
11. Ed Korkush, Bergen Catholic	1972	1:15.3
John Graham, Emerson	1974	
13. Courtney Davis, Hackensack	1993	1:15.4
Neil Concepcion, Demarest	1995	
Jim Lordeman, Tenafly	1974	
Bruno Sgambellone, Palisades Park	1987	1:15.6
17. Steve Scialabba, Bergen Catholic	1972	1:15.7
18. Gary Gagliardi, Hasbrouck Heights	2001	1:15.9
19. Brendan Stickles, Glen Rock	1995	1:16.0
Dave Mullane, Bergen Catholic	1976	1:16.1
20. Mark Fabish, Bergen Catholic	1993	1:16.4
21. Will Van Thunen, Don Bosco	2002	1:16.62
22. Jamie Havenar, Don Bosco	1990	1:16.6

Jay Benkovich, Paramus Catholic	1974	
Mike Geraghty, Don Bosco	1980	
25. Craig Murphy, Ramsey	1993	1:16.7
Steve Cates, Paramus Catholic	1974	
Charlie Schnaers, Tenafly	1976	
Dan Schmitt, Midland Park	1976	1:16.8
Shaun Brown, Bergen Catholic	1976	
27. Paul St. Germain, Queen of Peace	1974	1:16.9
Bill Jochem, Saddle brook	1976	1:17.0
Halstine Lee, Hackensack	1976	
28. Rob Grammer, Glen Rock	2003	1:17.2
29. Calvin Knox, Indian Hills	2011	1:17.3
30. Mike Loh, Old Tappan	1984	1:17.4
Noah Lartigue, Don Bosco	2012	
32. Doug Schultz, Ridgewood	1987	1:17.5
Dave Kino, Northern Highlands	1987	
34. Mark Wojcik, Paramus Catholic	1991	1:17.6
Greg Horn, River Dell	2003	
36. Hector Martinez, Ridgefield Park	1991	1:17.7
Mike Norris, Teaneck	1984	

600M

1. Ken Sinkovitz, Bergen Catholic	2003	1:20.0
2. Mark Filandro, Indian Hills	2010	1:20.1
Michael Thurston, Ridgewood	2016	
4. Andrew Giannotti, Westwood	1998	1:20.7
5. Bill Leonard, Bergen Catholic	2010	1:20.9
6. Jack Kerin, Indian Hills	2016	1:21.0
7. Joe Velasquez, Paramus	1999	1:21.3
8. Josh Kauke, Ridgewood	2000	1:21.4
9. Kyle Davidson, Old Tappan	2012	1:21.6
10. Sharif Webb, Don Bosco	2007	1:21.7
11. Ben Malone, Pascack Valley	2011	1:21.9
12. Calvin Knox, Indian Hills	2012	1:22.1
13. Niall Buckley, Ridgewood	2007	1:22.3
14. Tim Hamlett, Don Bosco	2012	1:22.4
15. A.J. Hall, Pascack Valley	2015	1:22.77
16. Greg Horn, River Dell	2003	1:22.8
17. Leroy Brooks, Hackensack	1999	1:23.1
18. Alex Wechsler, Don Bosco	2004	1:23.2
19. Jaleel Felton, Pascack Valley	2014	1:23.36
20. Brian Barry, Don Bosco	1992	1:23.3
21. Courtney Davis, Hackensack	1993	1:23.4
Brian Burns, River Dell	2000	
Chris Wilk, Bergen Catholic	2005	
Owen Davitt, Glen Rock	2016	
25. Brent Napoleon, Don Bosco	2004	1:23.5
Matt Orozco, Ridgefield Park	2012	
Dan Lynch, Bergen Catholic	2014	
28. Rob McKay, Don Bosco	2002	1:23.7
29. Warren Fields, Teaneck	2011	1:23.8
30. Alex Lanuto, Ramsey	2005	1:23.9

Conor Lenahan, Don Bosco	2015	
32. Sean Krazit, Pascack Hills	2012	1:24.1
33. Mike Chioffe, Glen Rock	1999	1:24.2
Storm Dublirer, Ridgewood	2013	
35. Ryan McVeigh, River Dell	2009	1:24.3
36. Tom Rienas, Old Tappan	2016	1:24.48
37. Steve Wexler, Don Bosco	2008	1:24.4
Juan Llinas, Ridgewood	2011	
39. Sharrod Reeves, Teaneck	2004	1:24.5
40. Andrew Laguttuta, Glen Rock	2019	1:24.77
41 Willie Best, Hackensack	1991	1:24.78
42. Andrew Martinez, Pascack Valley	2019	1:24.79
43. John Rubinetti, Bergen Catholic	2007	1:24.7
44. Tom Redmond, Bergen Catholic	1997	1:24.8
Christian Trautwein, Ridgewood	2008	
46. Kevin Rogovich, Demarest	2014	1:24.9
Justin Ilies, Ramsey	2018	
48. Noah Osterhus, Westwood	2015	1:25.13
49. Ryan Donahue, Don Bosco	1999	1:25.0
Davon Robinson, Paramus Catholic	2009	
Justin Fernandez, River Dell	2016	
52. George Jenkins, Teaneck	2014	1:25.19
53. Jeremy Schmidt, Ridgewood	2006	1:25.1
Matt Bertinato, Bergen Tech	2007	
Keegan Carter, Paramus Catholic	2009	
Corey Girard, Indian Hills	2016	
57. Joshua Gittens, Paramus Catholic	2019	1:25.37
58. Daquan Huffin, Palisades Park	2004	1:25.3
Craig Marulis, River Dell	2012	
60. Cavrel Silvera, Fort Lee	1997	1:25.5
Joe Cronin, Don Bosco	1999	
Joshua Simmons, Hackensack	2004	
Mark Wojcik, Paramus Catholic	1991	
Frank Gassert, Don Bosco	2008	
Jesse Kamil, Tenafly	2011	
66. Byron Williams, Ridgewood	2005	1:25.6
Marc LoForte, River Dell	2007	
Patrick Mulkeen, Paramus Catholic	2008	
Erik Moutenot, Mahwah	2011	
Masa Ono, Tenafly	2013	
Tom Selvaggi, Bergen Catholic	2014	
Dylan Scallo, Dumont	2016	
73. Michael Pankauski, Old Tappan	2019	1:25.74
74. Frank Monks, Don Bosco	1994	1:25.7
Neil Concepcion, Demarest	1995	
Damien Elliott, Teaneck	2012	
77. Ryan Seaver, Ridgewood	2019	1:25.93
78. Ibraham Malcom, Hackensack	1998	1:25.8
Jack MacDonnell, Don Bosco	2006	
Matt Morano, Bergen Catholic	2015	
Connor Secora, Bergen Catholic	2017	
82. Sadek Alsaidi, Ridgewood	1993	1:25.9

Aaron Romero, Hackensack	2012	
Dan Mahncke, Pascack Hills	2015	
85. Brendan Stickle, Glen Rock	1995	1:26.0
Jim Vogel, Fair Lawn	1997	
Bryan Clarendon, Ridgewood	2013	
88. Alex Pierre, Hackensack	2004	1:26.1
Toby Emanuel, Tenafly	2007	
90. Kevin Deloughry, Bergen Catholic	2016	1:26.33
91. Antonio Telejo, Queen of Peace	2007	1:26.2
92. Theo Davis, Demarest	2019	1:26.43
93. Brian Hilliard, Rutherford	1994	1:26.3
94. Jim Kearney, Bergen Catholic	2003	1:26.41
95. Andy Scott, Rutherford	1999	1:26.4
A.J. Franchini, Don Bosco	2000	
Javian Quintana, Paramus	1998	
Dave Lado, Ridgefield	2003	
OK Onwubu, Ridgewood	2005	
Barry Allen, Teaneck	2008	
Neil Schoff, Ridgewood	2013	

800M

1. Ben Malone, Pascack Valley	2012	1:49.94
2. James Buser, Mahwah	2013	1:52.21
3. Ken Sinkovitz, Bergen Catholic	2003	1:53.22
4. Bradley Paternostro, Ramapo	2011	1:53.84
5. Josh Kauke, Ridgewood	2000	1:54.1
6. Max Bruno, Indian Hills	2007	1:54.33
7. Kevin Serrao, Bergen Tech	2014	1:54.97
8. Colin Daly, River Dell	2016	1:55.27
9. Mike Thurston, Ridgewood	2016	1:55.2
10. Roger Jones, Ramsey	1977	1:55.4
11. John Parisi, Ridgewood	1983	1:55.49
12. Marc Rienas, Old Tappan	2015	1:55.57
13. Andrew Giannotti, Westwood	1998	1:55.66
14. Frank Courtney, Bergen Catholic	1972	1:55.7
15. Jack Kerin, Indian Hills	2016	1:56.03
16. Chris Eltringham, Ramsey	2012	1:56.0
17. Chris Elliot, Ramapo	1970	1:56.1*
18. Rick Rothschild, Paramus	1975	1:56.3*
19. George MacKay, Pascack Hills	1973	1:56.4*
John Pedati, Queen of Peace	1981	
21. Sean Degnon, Demarest	2012	1:56.67
22. Tom Redmond, Bergen Catholic	1997	1:56.76
23. Ryan Madrid, Paramus Catholic	2005	1:56.83
24. Ryan McCann, Glen Rock	2004	1:56.8
25. Niall Buckley, Ridgewood	2005	1:56.9
26. Brian Barry, Don Bosco	1992	1:57.0
27. Danny Cordeiro, North Arlington	2014	1:57.14
28. Brian Burns, River Dell	2000	1:57.42
29. Mark Bednarz, Paramus Catholic	1988	1:57.51
30. Willie Best, Hackensack	1991	1:57.4
31. Luke Dublirer, Ridgewood	2014	1:57.68

32. Patrick Watters, Ramsey	2014	1:57.77
33. Greg Horn, River Dell	2003	1:57.80
34. Higgins, St. Joseph Regional	1967	1:57.7*
35. Jeff Roberts, Pascack Valley	2017	1:57.87
36. Joel Douglas, Hackensack	2010	1:58.01
37. Tommy San George, Teaneck	2006	1:57.9
Ron Mordkovich, Fair Lawn	2015	
39. Mark Chiusano, Indian Hills	1973	1:58.1*
Billy Leonard, Bergen Catholic	2010	
41. Conor Sullivan, Don Bosco	2007	1:58.2
42. Bob Arvidson, Don Bosco	1985	1:58.26
43. Samir Mane, Fort Lee	2003	1:58.42
44. Byron Williams, Ridgewood	2005	1:58.44
45. Chris Rae, Ridgewood	1987	1:58.55
46. Ralph Bolognese, Paramus Catholic	1973	1:58.5*
Patrick Sullivan, Don Bosco	2016	
48. Sharif Webb, Don Bosco	2007	1:58.72
49. Gary Gagliardi, Hasbrouck Heights	2001	1:58.6
Warren Fields, Teaneck	2011	
51. Courtney Davis, Hackensack	1993	1:58.86
52. Christian Trautwein, Ridgewood	2008	1:58.89
53. Dayne Mosconi, Tenafly	2009	1:58.90
54. Will Baginski, Ridgewood	2018	1:58.94
55. Jim Wozny, Paramus Catholic	1974	1:58.8*
Bill Leonard, Bergen Catholic	1978	*
57. John Tanner, Demarest	1972	1:59.0*
Steve Durant, St. Joseph Regional	1973	*
59. Frank Monks, Don Bosco	1994	1:59.22
60. John Graham, Emerson	1974	1:59.1*
Ev Schenck, Glen Rock	1967	*
Tommy Gaidus, Northern Highlands	2009	
63. Josh Munoz, Demarest	2018	1:59.31
64. Theo Davis, Demarest	2019	1:59.39
65. Matt Morano, Bergen Catholic	2015	1:59.40
66. Noah Osterhus, Westwood	2015	1:59.47
67. Mark Filandro, Indian Hills	2010	1:59.50
68. Billy Rabah, Bergen Catholic	2017	1:59.4
69. Joe Lefkowitz, Teaneck	2005	1:59.5
70. Tom McCabe, Don Bosco	1995	1:59.70
71. Chris Perez, Ridgewood	2002	1:59.77
72. Mitch Keller, Don Bosco	2012	1:59.79
73. Martin Hickey, Don Bosco	1994	1:59.7
Luke Ciaccio, Bergen Catholic	1973	*
75. Steve Wexler, Don Bosco	2008	1:59.90
76. Chris Wilk, Bergen Catholic	2005	1:59.8
77. Tom Selvaggi, Bergen Catholic	2015	2:00.00
78. Scott Maxfield, Tenafly	2007	1:59.9
Luke Nowicki, Pascack Valley	2010	
Andrew Martinez, Pascack Valley	2019	2:00.04
81. George Jenkins, Teaneck	2014	2:00.0
82. Justin Pecore, Ramapo	2019	2:00.19
83. Peter Cherico, Fort Lee	1973	2:00.1*

84. Chris Bervine, Rutherford	1984	2:00.2
85. A.J. Andreano, Saddle Brook	2002	2:00.3
Matt Bertinato, Bergen Tech	2007	
87. Davon Robinson, Paramus catholic	2009	2:00.45
88. Mark Ervin, Northern Highlands	1993	2:00.4
Rich Cameron, Cliffside Park	2014	
90. Mike Matos, Queen of Peace	1995	2:00.5
Rob MacKay, Don Bosco	2002	
Matiss Batarags, Northern Highlands	2009	
Braedon Fiume, Bergen Catholic	2017	
94. Juan Llinas, Ridgewood	2011	2:00.64
95. Rick Lehmbeck, Don Bosco	1998	2:00.68
Jason Kelly, Indian Hills	2019	
97. Michael Pankauski, Old Tappan	2019	2:00.71
98. Erik Fidel, Old Tappan	1988	2:00.6
Matt Filandro, Indian Hills	2004	
Kyle Davidson, Old Tappan	2011	
Matt Orozco, Ridgefield Park	2012	
Mike Ippolito, Demarest	2012	

1000Y

1. Roger Jones, Ramsey	1977	2:12.6
2. Kevin Byrne, Paramus Catholic	1976	2:13.2
3. George MacKay, Pascack Hills	1973	2:14.3
4. John Pedati, Queen of Peace	1981	2:15.8
5. Frank Stanton, Bergen Catholic	1977	2:16.8
6. John Parisi, Ridgewood	1983	2:17.2
7. Mike Rice, Bergen Catholic	1975	2:17.3
8. Bill Leonard, Bergen Catholic	1978	2:17.6
Chris Rae, Ridgewood	1987	
10. Steve Schadler, Bergenfield	1984	2:17.7
11. Mark Bednarz, Paramus Catholic	1988	2:18.23
12. Chris Sullivan, Ridgewood	1985	2:18.2
13. Willie Best, Hackensack	1991	2:18.5
14. Courtney Davis, Hackensack	1992	2:18.8
15. Ralph Bolognese, Paramus Catholic	1973	2:18.9
16. Walter Truesdale, Hackensack	1982	2:19.0
17. Jim Wozny, Bergen Catholic	1974	2:19.1
18. Frank Courtney, Bergen Catholic	1972	2:19.4
19. Rob Schwartz, Demarest	1983	2:19.5
20. Bob McDermott, Paramus Catholic	1974	2:19.6
21. Ken Sinkovitz, Bergen Catholic	2002	2:20.0
22. Jim Sugrue, Bergen Catholic	1983	2:20.2
23. Steve Durant, St. Joseph Regional	1973	2:20.5
Paul Robbins, Tenafly	1976	2:20.9
Tom Osher, St. Joseph Regional	1976	2:21.0
24. Pete Veverka, Don Bosco	1984	2:21.1
25. Jerry Carney, Paramus Catholic	1973	2:21.2
26. Byron Williams, Ridgewood	2005	2:21.3
Jason Kaplan, Westwood	1987	
28. Luke Ciaccio, Bergen Catholic	1972	2:21.6
29. Gary Riley, Queen of Peace	1972	2:21.7

30. Ken Flynn, Ramsey	1991	2:22.0
Rich Byrne, Ridgefield Park	1981	
32. Bryce Barns, Hackensack	1987	2:22.2
33. Mike Pfaff, Hackensack	1992	2:22.4
34. Rich Harrington, St. Joseph Reg.	1987	2:22.5
35. Bill Grogan, Bergenfield	1993	2:22.6
Tom Dames, Queen of Peace	1973	

1000M

1. Ben Malone, Pascack Valley	2012	2:23.56
2. Max Bruno, Indian Hills	2007	2:27.2
3. Colin Daly, River Dell	2016	2:27.5
4. Steve Schadler, Bergenfield	1984	2:27.71
5. Will Daly, River Dell	2016	2:27.6
6. Niall Buckley, Ridgewood	2007	2:30.4
7. Bob Keino, Ridgewood	1994	2:31.0
8. Jeff Roberts, Pascack Valley	2017	2:31.30
9. Kevin Serrao, Bergen Tech	2014	2:31.9
10. Chris Rae, Ridgewood	1987	2:32.51
11. Ken Sinkovitz, Bergen Catholic 2003	2003	2:32.4
Mike Belgiovine, Don Bosco	2010	
13. Levi Jennings, Ridgewood	2012	2:32.5
14. Tom Selvaggi, Bergen Catholic	2015	2:32.8
15. Braedon Fiume, Bergen Catholic	2019	2:33.41
16. James Buser, Mahwah	2014	2:33.5
17. Samir Mane, Fort Lee	2002	2:33.7
18. Byron Williams, Ridgewood	2005	2:34.0
19. Thomas Baldwin, Hackensack	1999	2:34.1
20. Sean Sullivan, Rutherford	2016	2:34.2
21. Bob Schwartz, Demarest	1983	2:34.5
22. Jose Berges, Paramus Catholic	1979	2:34.8
23. Marc Pollifrone, Rutherford	2005	2:35.1
24. Jeremy Bronstein, Dw.-Englewood	2019	2:35.26
25. Dave Maher, Ridgewood	2004	2:35.2
Tommy Gaidus, Northern Highlands	2009	
27. Ryan McCann, Glen Rock	2003	2:35.3
Kevin Rogovich, Demarest	2013	
29. Mike Pfaff, Hackensack	1992	2:35.4
Erik Nygaard, Ridgewood	2004	
31. Sean Swift, Don Bosco	2003	2:35.5
John Prizzi, Indian Hills	2011	
33. Chris Mascetti, Hackensack	2014	2:35.6
34. Taro Shigenobu, Ridgewood	2009	2:35.7
35. Ryan Madrid, Paramus Catholic 2005	2005	2:35.9
Tommy San George, Teaneck	2006	
Christian Trautwein, Ridgewood	2008	
Rob Molke, Don Bosco	2008	
Ryan Keller, Don Bosco	2012	
40. Matt Horest, Don Bosco	2002	2:36.0
Will Ades, Ridgewood	2012	
42. Corey Kunz, St. Joseph Regional	1999	2:36.2
John Pujols, Hackensack	2011	

44. James Weissenborn, Old Tappan	2015	2:36.3
45. Courtney Davis, Hackensack	1992	2:36.4
46. David Perry, Ramsey	2019	2:36.80
47. Carlos Coronado, Hackensack	2012	2:36.7
48. Sean Degnon, Demarest	2012	2:36.8
49. Eric Knackmuhs, Ramapo	1999	2:36.9
Matiss Batarags, Northern Highlands	2010	
51. Davon Robinson, Paramus Catholic	2009	2:37.0
52. Warren O'Neill, Ridgefield Park	2012	2:37.3
53. Tom O'Boyle, Bergen Catholic	2016	2:37.48
54. Darren Guzman, Teaneck	2015	2:37.5
55. Jim Cronin, Don Bosco	1992	2:37.6
56. Andrei Olifer, Fort Lee	2004	2:37.7
57. Matt Caporaletti, Westwood	1998	2:37.8
James Haggerty, River Dell	2010	
59. Ken Flynn, Ramsey	1991	2:37.9
60. Romeo Joseph, Hackensack	1997	2:38.0
61. George Losche, Hackensack	2019	2:38.21
62. Stephen Pena, Ridgefield Park	2013	2:38.1
63. Leigh Cadigan, Old Tappan	1995	2:38.2
64. Marquise Singletary, Hackensack	2000	2:38.4
Pat Rochford, Bogota	2009	
66. Rafael Vargas, Don Bosco	2010	2:38.5
Chris Eltringham, Ramsey	2011	
Nurlan Herburger, Pascack Valley	2015	
69. Conor Sullivan, Don Bosco	2007	2:38.6
70. Dan Kearney, Bergen Catholic	2002	2:38.8
71. Nick Arnell, Don Bosco	1999	2:39.0
72. A.J. Franchini, Don Bosco	2000	2:39.2
Elvis Cole, Hackensack	2003	
Tony Naimo, Bergen Catholic	2004	
75. Matt Suozzi, Don Bosco	2008	2:39.3
76. Dan Schuman, Saddle Brook	1993	2:39.6
77. Henoch Assefa, Fort Lee	1994	2:39.7
Ro Crispin, Ridgewood	2003	
Peter Tuohy, Indian Hills	2011	
80. Dayne Mosconi, Tenafly	2008	2:39.8
81. Ryan Miller, Bergen Catholic	2000	2:39.9
Brian Cleary, Ridgewood	2010	

1600 METERS (MILE -1 1/2)

1. Kevin Byrne, Paramus Catholic	1977	4:06.5*
2. Colin Daly, River Dell	2016	4:08.64*
3. Will Daly, River Dell	2016	4:08.69*
4. Ben Malone, Pascack Valley	2013	4:11.12
5. Bob Keino, Ridgewood	1994	4:12.81*
6. Will Baginski, Ridgewood	2019	4:12.90
7. Roger Jones, Ramsey	1977	4:12.9*
8. Chris Elliott, Ramapo	1970	4:13.1*
9. Steve Schadler, Bergenfield	1984	4:13.42*
10. Ari Zamir, Ridgewood	2004	4:14.23*
11. George MacKay, Pascack Hills	1973	4:14.4*

12. Ken Sinkovitz, Bergen Catholic 2003		4:16.03*
13. Patrick Sullivan, Don Bosco	2016	4:16.04*
14. Mike Higgins, Don Bosco	2014	4:16.09
15. Jack Conheaney, Paramus Catholic	1970	4:16.9*
16. Rick Rothschild, Paramus	1975	4:17.0*
17. Kevin Conheaney, Hackensack	1971	4:17.2*
18. Rob Reeder, Northern Highlands	1992	4:17.24*
19. Byron Williams, Ridgewood	2006	4:17.32*
20. Clark Woods, Pascack Valley	1974	4:17.4*
21. Rick Devine, Westwood	1976	4:17.7*
22. Mike Cator, Ridgewood	2006	4:18.23*
23. Brad Paternostro, Ramapo	2011	4:18.42*
24. Tom Baldwin, Hackensack	1999	4:18.3
25. Connor Nicholson, Don Bosco	2016	4:19.52
26. Kyle Levermore, Don Bosco	2014	4:19.73*
27. Mike Belgiovine, Don Bosco	2010	4:19.78
28. Bob McDermott, Paramus Catholic	1974	4:19.7*
29. Marc Rienas, Old Tappan	2015	4:19.92
30. John Pujols, Hackensack	2011	4:20.34*
31. Bill Leonard, Bergen Catholic	1978	4:20.6*
32. John Malone, Bergen Catholic	1978	4:20.9*
33. Chris Mascetti, Hackensack	2014	4:21.08
34. Caleb Shaia, Bergen Catholic	2017	4:21.09
35. Mike Scarborough, Bergen Catholic	1972	4:21.0*
36. Jim McIntyre, Queen of Peace	1973	4:21.1*
37. Braedon Fiume, Bergen Catholic	2019	4:21.52
38. Bill Duffy, Bergen Catholic	1974	4:21.5*
Rich Byrne, Ridgefield Park	1981	*
40. Jerry Carney, Paramus Catholic 1973		4:21.7*
Tim Conheaney, Paramus Catholic	1973	*
42. Levi Jennings, Ridgewood	2011	4:22.04
43. Ryan Tucker, Don Bosco	2012	4:22.1
Chris Carle, Bergen Catholic	1976	*
45. Sean Sullivan, Rutherford	2016	4:22.34
46. Corey Kunz, St. Joseph Regional	1998	4:22.35
47. Chris Sullivan, Ridgewood	1985	4:22.3
48. Chris Clarke, Bergen Catholic	1967	4:22.6*
49. Billy Byrne, Ridgewood	2017	4:22.76
50. Nick Ward, Indian Hills	2011	4:22.84
51. James Buser, Mahwah	2014	4:23.01*
52. Mike Matos, Queen of Peace	1995	4:23.03
53. Taro Shigenobu, Ridgewood	2009	4:23.12*
54. J.R. Meloro, Bergen Catholic	1991	4:23.1*
55. Joe Erskine, Don Bosco	2017	4:23.26
56. Rob Schwartz, Demarest	1983	4:23.2
57. Matt Cohane, Indian Hills	2016	4:23.41
58. Tommy Gaidus, Northern Highlands	2009	4:23.51
59. Matt Tuohy, Indian Hills	2014	4:23.62*
60. Ryan McCann, Glen Rock	2004	4:23.68*
61. Alex Weiner, Old Tappan	2012	4:23.76
62. Rich Stukey, Teaneck	1973	4:23.7*
63. Moses Mekbeb, Cliffside Park	1991	4:24.01*

64. Eric Boucher, Ridgewood	1991	4:23.9
65. Jason Kaplan, Westwood	1987	4:24.0*
66. Nick Carapezza, Don Bosco	2012	4:24.19
67. Jason Baker, Don Bosco	2006	4:24.3
68. Dayne Mosconi, Tenafly	2009	4:24.46
69. Andreas Kellas, Bergen Tech	2011	4:24.50
70. Tom Holster, Indian Hills	2017	4:24.51
71. Chris Rae, Ridgewood	1986	4:24.4*
72. Kevin Walsh, St. Joseph Regional	1974	4:24.5*
73. Jeff Roberts, Pascack Valley	2016	4:24.72
74. Harry Carle, Bergen Catholic	1985	4:24.6*
John Tanner, Demarest	1972	*
76. John Dugan, Ramsey	2011	4:24.8
77. Leighton Spencer, Don Bosco	2009	4:25.01
78. James LaGreca, Demarest	2005	4:25.09
79. Bryan Kretschmer, Ramsey	2005	4:25.0
80. Bill Grogan, Bergenfield	1993	4:25.2
81. Mark Jaeckel, Saddle Brook	1974	4:25.3*
82. Conor Sullivan, Don Bosco	2007	4:25.51
83. Sean Swift, Don Bosco	2003	4:25.5
84. Chris Eltringham, Ramsey	2012	4:25.78
85. Rob Molke, Don Bosco	2008	4:25.88
86. John Prizzi, Indian Hills	2011	4:25.89
87. Greg Miller, Northern Highlands	1972	4:25.8*
88. Ken Flynn, Ramsey	1990	4:26.0*
89. Brian Cleary, Ridgewood	2010	4:26.16*
90. Gene Pflueger, Bergen Catholic 1973		4:26.1*
91. Eric Knackmuhs, Ramapo	1999	4:26.2
92. David Frering, Ridgewood	2013	4:26.40*
93. Dan Contreras, Don Bosco	1998	4:26.4
94. Andrew Laguttuta, Glen Rock	2019	4:26.56
95. Chris Guerriero, Saddle Brook	2005	4:26.6
96. Pat Rynkowski, Ridgewood	2010	4:26.76
97. David Rosas, Don Bosco	2016	4:26.7
98. Derek Barney, Indian Hills	2017	4:27.03
Barry Scanlon, Emerson	1976	4:26.9*
100. D.J. Puleo, Pascack Hills	2009	4:27.44

3200 METERS(Two mile -3.3)

1. Kevin Byrne, Paramus Catholic	1977	8:56.4*
2. Tim Conheeneey, Paramus Catholic	1973	9:04.6*
3. Patrick Sullivan, Don Bosco	2016	9:05.03*
4. Ben Malone, Pascack Valley	2012	9:08.72*
5. Mike Scarborough, Bergen Catholic	1972	9:11.5*
6. Kyle Levermore, Don Bosco	2013	9:12.19*
7. Bill Mahon, Bergen Catholic	1971	9:12.4*
8. David Rosas, Don Bosco	2016	9:12.56*
9. Leighton Spencer, Don Bosco	2009	9:15.56
10. Roger Jones, Ramsey	1977	9:15.6*
11. Rich Byrne, Ridgefield Park	1982	9:16.25*
12. Harry Carle, Bergen Catholic	1985	9:17.06*
13. Bob Keino, Ridgewood	1994	9:18.11

14. John Eberle, Bergenfield	1979	9:18.2*
15. Kevin Walsh, SJR	1974	9:19.0*
16. Steve Riley, Queen of Peace	1971	9:19.3*
17. J.R. Meloro, Bergen Catholic	1991	9:20.11*
18. Christian Costello, Don Bosco	2012	9:20.77
19. Harry Carle, Bergen Catholic	1985	9:20.8
20. Dan Emont, Ridgewood	2007	9:21.1
21. Greg Miller, Northern Highlands	1972	9:21.6*
22. Bruce Mason, Ridgewood	1972	9:23.2*
23. Ian Leavesley, Mahwah	1980	9:23.5*
24. John Dugan, Ramsey	2011	9:24.04
25. Jim McIntyre, Queen of Peace	1973	9:26.0*
26. Ryan Tucker, Don Bosco	2012	9:26.42
27. Tom Hughes, Ridgewood	1980	9:26.7*
28. Nick Ward, Indian Hills	2011	9:26.8
29. Michael Dua, Don Bosco	2019	9:26.98
30. Bill Leonard, Bergen Catholic	1978	9:27.0*
31. Taro Shigenobu, Ridgewood	2009	9:27.20
32. Jon Fontana, River Dell	2019	9:27.21
33. Corey Kunz, St. Joseph Regional	1999	9:27.47*
34. Chris Mascetti, Hackensack	2014	9:27.62*
35. Jason Kaplan, Westwood	1987	9:27.86
36. Matt Illian, Pascack Valley	1995	9:29.01*
37. Will Daly, River Dell	2015	9:29.09
38. Tom Baldwin, Hackensack	1999	9:29.21
39. Colin Daly, River Dell	2015	9:29.38
40. Jason Baker, Don Bosco	2007	9:29.40
41. Mike Flanagan, Don Bosco	2013	9:29.48
42. Rob Reeder, Northern Highlands	1992	9:29.6
43. Mike Higgins, Don Bosco	2012	9:30.45*
44. Derek Barney, Indian Hills	2017	9:30.61
45. Danny Daurio, Bogota	2017	9:30.89*
46. Will Baginski, Ridgewood	2019	9:30.97
47. Nick Carapezza, Don Bosco	2012	9:30.9
48. Ken Flynn, Ramsey	1991	9:31.0*
49. Eric Berntsen, Ridgewood	1987	9:39.38
50. Jim Connor, Dumont	1973	9:31.9*
51. Jerry Carney, Paramus Catholic 1973		9:32.2*
52. Tony Fitzgerald, Tenafly	1978	9:32.5*
53. Ari Zamir, Ridgewood	2004	9:32.7
54. Clark Woods, Pascack Hills	1974	9:33.3*
55. John Pujols, Hackensack	2012	9:33.4
56. Marty Carle, Bergen Catholic	1974	9:33.5*
57. Rob Townsend, Don Bosco	2013	9:33.48
58. Robert Molke, Don Bosco	2008	9:33.66
59. Travis Spicer, Ridgewood	2012	9:33.81
60. Matt Tuohy, Indian Hills	2015	9:33.87
61. Bobby Oehrlein, Indian Hills	2019	9:34.03
62. Kevin O'Shea, Paramus	1972	9:34.1*
63. Mike Cator, Ridgewood	2006	9:34.97
64. Joe LeMay, Ridgewood	1985	9:35.6*
65. Frank Noto, Bergen Catholic	1972	9:36.0*

66. Justin Touhey, Don Bosco	2017	9:36.16*
67. Billy Byrne, Ridgewood	2016	9:36.22
68. Pat Rynkowski, Ridgewood	2011	9:37.39
69. Scott Sarnoski, Bergen Tech	1978	9:37.5*
70. Mike Belgiovine, Don Bosco	2009	9:37.70
71. George Bloom, Queen of Peace	1974	9:37.7*
72. Andrew Fine, Ridgewood	2009	9:37.92
73. James LaGreca, Demarest	2005	9:38.42
Darren Guzman, Teaneck	2015	*
75. Norbert Berneyi, Old Tappan	1987	9:38.5
Eamon Greene, Bergenfield	1976	*
77. Caiphus Vilakazi, Pascack Hills 1984		9:38.7*
78. Rafael Vargas, Don Bosco	2009	9:38.86
79. Chris Corcoran, Indian Hills	2017	9:39.25
80. Chris Guerriero, Saddle Brook	2004	9:39.33
81. Steven Fiumefreddo, Indian Hills	2018	9:39.76
82. James Draney, Bogota	2017	9:39.81*
83. Ryan Fahey, Ridgewood	2018	9:39.83
84. Tom McPhee, Indian Hills	2015	9:39.9
85. Howie Rosas, Don Bosco	2010	9:39.98
86. Tom Holster, Indian Hills	2017	9:40.13
87. Will Nowicki, Pascack Valley	2005	9:40.2
88. Kieran Ungemach, Don Bosco	2018	9:40.94
89. Marty Hickey, Don Bosco	1993	9:40.9
Rich Murphy, Don Bosco	1976	*
91. Blade Tirado, Demarest	2017	9:41.17
92. Sid Wagh, Ridgewood	2017	9:41.22
93. Rich Meigh, Queen of Peace	1974	9:41.1*
94. Chris Evans, Indian Hills	2014	9:41.43*
95. Chris Langan, Don Bosco	1992	9:41.3
Owen Bourgholtzer, Mahwah	2001	
97. Bragg, Bergenfield	1967	9:41.4*
98. Dave Pataky, Paramus Catholic	1990	9:42.7*
99. Max Zavidow, Tenafly	2015	9:42.86
100. Brian Cleary, Ridgewood	2010	9:42.9

55 HURDLES (AT)(23)

1. Darius Pemberton, Hackensack	1993	7.35
2. Jerome Pemberton, Hackensack	1986	7.36
3. Dan Oquendo, Hackensack	2005	7.43
4. Curtis Green, Teaneck	1984	7.47
Mark Jones, Hackensack	2011	
6. Anthony DiCosmo, Paramus Catholic	1995	7.52
7. Nick Garrett, Saddle Brook	2000	7.59
Andrew Ambroise, Paramus Catholic	2019	
9. Mike Stansfield, Garfield	1999	7.63
10. Akira Monri, Ridgewood	2008	7.64
11. Jaivon Palmer, Englewood	2008	7.65
12. Rasheed Goodlowe, Teaneck	1989	7.70
13. Dave Lado, Ridgefield	2003	7.71
Jeremy Perussi, Demarest	2004	
15. Brandon Hambric, Teaneck	2009	7.72

16. Brent Hobbs, Don Bosco	2001	7.73
17. Andy Parasion, Don Bosco	1994	7.74
Anthony Pomo, Saddle Brook	2005	
19. Joe Swasey, Bergen Catholic	1990	7.75
20. In Soo Hwang, Ridgewood	2011	7.76
Nick Picache, Northern Highlands	2011	
Hank Anderson, Indian Hills	2018	
23. Mark Sprague, Teaneck	1996	7.78
24. Bob Ghelli, Bergen Catholic	1988	7.79
Dan Pflueger, Northern Highlands	2016	
Dan Monchek, Northern Highlands	2018	
27. Joe Vargas, Paramus	2009	7.80
28. Jermaine Boyd, Hackensack	2008	7.81
Roland Gamez, Hasbrouck Heights	2013	
Andrew Peterson, NV/Demarest	2017	
31. Tyler Dilworth, Bergen Catholic	2011	7.82
Kevin Chung, Ridgewood	2013	
33. Aaron Richardson, Hackensack	2001	7.84
Craig Halyard, Ridgewood	1989	
Ernest Wingate, Bergen Catholic	2010	
36. Earle Griffin, Teaneck	1989	7.85
37. Matt Beausoleil, Ridgewood	2011	7.86
38. Jay Jung, Tenafly	2015	7.87
39. Dan Chediak, Fort Lee	2009	7.88
40. Franklin Smith-Hinson, Garfield	2011	7.89
41. Jared Aprahamian, Don Bosco	2000	7.90
42. Sean Rhinehart, Hackensack	1991	7.91
Jordany Dely, Paramus Catholic	2019	
44. Daniel Stipanov, Paramus	2019	7.93
45. Ken Green, Teaneck	1987	7.94
Basheem Dudley, Hackensack	1991	
Edward Blair IV, Ridgewood	2010	
Alex Ruhl, Ridgewood	2019	
Ryan Verhoog, Ramapo	2019	
50. Mo Headley, Hackensack	2012	7.96
Zack Bazile, St. Joseph	2014	
52. Tim White, Saddle Brook	2008	7.98
53. John Porteous, Wood-Ridge	2011	7.99
Louis Kang, Pascack Hills	2012	
Mike Cummings, Hackensack	2013	
Brendan Davidson, Old Tappan	2013	

SHOT PUT

1. Steve Adams, SJR	1970	65-10
2. Stephen Mozia, Hackensack	2011	62-11 ½
3. Randy Sokolik, New Milford	1969	61-9
4. Andrew Trumbetti, Demarest	2013	61-8
5. Mark Saner, SJR	1975	61-4 ½
6. Bob Brady, SJR	1970	61-2 ½
7. Ray Sahadi, Tenafly	1974	61-2
8. Bruce Hedendal, Paramus	1965	60-11
9. Spencer Ross, Mahwah	2014	60-5 ¼

10. Shaun McGregor, Bergen Catholic	1996	60-4 ¼
11. Gio Gutierrez, Saddle Brook	2017	60-3
12. Marcus Thomas, Hackensack	1982	59-9 ½
13. Mike Theuerkauf, Demarest	1988	59-9 ¼
14. Jason Miller, Elmwood Park	1988	59-4
15. Frankie Ahearn, Ramsey	2015	58-4 ¼
16. Bob Celentano, Demarest	1978	58-3 ½
17. Scott DeCandia, SJR	1974	58-3
18. Jim Munier, Hackensack	1976	58-1 ½
19. Zach Shapiro, River Dell	2007	58-1
20. Andrew Tummino, River Dell	2015	
21. Patrick Cole, Hasbrouck Heights	2011	57-9 ½
22. Valbert Wyche, Hackensack	2002	57-8 ½
23. Asim Greene, River Dell	2018	57-5 ½
24. Tony Ruggeri, Bergen Catholic	1972	57-1 ½
25. Kyle Patel, Glen Rock	2018	56-11
26. Howie Saner, St. Joseph Regional	1972	56-10 ½
Jeff Sokolik, New Milford	1973	
28. Geoff Goidell, Pascack Hills	2007	55-10 ½
29. Steve Saner, St. Joseph Regional	1967	55-9 ½
30. Mark Thalacinos, Rutherford	1976	55-7 ½
Connor Mathis, Don Bosco	2019	
32. John Frizalone, Paramus Catholic	1972	55-6 ½
33. Jim Quinn, Paramus Catholic	1974	55-5
34. Sean Power, Don Bosco	1985	55-4
35. Demar Stewart, Hackensack	2016	55-3
36. Orefice, Demarest	1967	55-0
37. Patrick Passalacqua, Old Tappan	2019	54-10 ¼
38. Tom Jennings, Indian Hills	1992	54-10
39. Garrett Hessman Bergen Catholic	2015	54-9 ¾
40. Steve Rice, SJR	1989	54-7 ¼
41. Jeff Seidel, Hasbrouck Heights	2006	54-7 ½
42. Frank Kozibroda, Wood-Ridge	1999	54-7
Phil Bosco, Teaneck	1976	
44. Bill McKennith, Englewood	1972	54-6
45. Austin Berninger, River Dell	2013	54-4 ¾
Gerry McIntyre, St. Joseph Regional	1976	54-4 ½
47. Marty Moskovich, Fair Lawn	2000	54-3 ½
48. Matt Koh, River Dell	2012	54-2
49. Marquise Wright, Paramus Catholic	2010	54-1 ¾
50. Andrew Trass, River Dell	2008	54-1 ½
Jack McGovern, Bergen Catholic	1976	54-1
52. Jim Fischer, Bergen Catholic	1998	54-0
Dave Shepard, St. Joseph Regional	1984	
Mike Reilly, Old Tappan	2009	
55. Schwab, Tenafly	1967	53-10
Conrad Coye, Hackensack	1979	
57. Tim Lanni, Rutherford	2005	53-9 ½
58. Doug Klopacz, St. Joseph Regional	2006	53-6 ¾
59. Charles Sharpe, Ridgely Park	1973	53-6 ½
Patrick Rae, Ridgewood	1989	

60. Mike Renna, Hasbrouck Heights	2008	53-5 ½
61. Randy Statler, Saddle Brook	1974	53-5
62. Jason Maier, New Milford	2004	53-4
63. Eric Van Dunk, Mahwah	2009	53-3 ¾
64. Marlin Townes, Hackensack	2000	53-3 ½
65. D.J. Bourgeois, Hackensack	2012	53-3 ¼
66. Jim Murphy, Indian Hills	1988	53-3
67. Chuck D'Amico, Bergen Catholic	1974	53-2
68. Dante DeSimone, River Dell	2017	53-1 1/2
69. Jack Lippin, Bergen Catholic	2013	53-1 ¼
70. George Ennis, Paramus Catholic	1974	53-1
71. Tom May, New Milford	1974	53-0 ½
72. Mike Hammond, Hackensack	1988	52-11
Matt Quinn, Bergen Catholic	1997	
74. Eric Beebe, Hackensack	1998	52-10 ¼
Stacy Elliott, Hackensack	1988	
76. Mike Neglia, St. Joseph Regional	1984	52-10
Marc Santonocito, Demarest	2019	
78. Erik Heymann, Westwood	2005	52-9 ¼
79. Jack Stuart, Hackensack	2018	52-8
80. Steven Kim, Fort Lee	2005	52-7 ½
81. Brad Moser, Demarest	1990	52-7
82. Mike Rea, Paramus	1973	52-6 ½
83. Ed Vanden Thoren, Elmwood Park	1990	52-5 ½
84. Bill Truesdale, Hackensack	1979	52-4 ¼
85. Len Haak, River Dell	1972	52-1
86. Dave Marko, Paramus	1993	52-0 ½
87. Chris D'Amico, Don Bosco	2013	51-10 ½
88. John Farelli, River Dell	2010	51-9 ¼
89. Dennis DeMartino, Fair Lawn	1988	51-9
90. Jim Graf, Tenafly	1968	51-8
91. Joe Viglione, Garfield	2003	51-7 ¾
Chris Connors, Hasbrouck Heights	2012	
93. Jong Min Youn, Old Tappan	2013	51-6 ½
94. John Hsu, Paramus	1991	51-5 ¾
Tristan Henry, Bergenfield	2003	
96. Curtis Loudermilk, Saddle Brook	1994	51-4 ½
Ralph Sanon-Jules, SJR	1990	
98. Gary Leranian, Rutherford	1992	51-4

HIGH JUMP

1. Darius Pemberton, Hackensack	1993	6-10 ¾
2. Skip Johnson, Hackensack	1973	6-10
3. Rich Robinson, SJR	1989	6-8 ¾
4. Oderick Turner, Teaneck	2005	6-8
Tommy DeVita, Ridgewood	2010	
6. Thanniel Robinson, Englewood	1994	6-7
Corey Crawford, Indian Hills	2010	
8. Mark DeAngelus, Tenafly	1988	6-6
Willie Best, Hackensack	1991	
Dave Kruse, Tenafly	1993	
Keijuan Keitt, Indian Hills	1995	

Fletcher Rosenbach, Ridgewood	1995	
Paul Berberian, Old Tappan	1997	
Mike Stansfield, Garfield	1997	
Ayo Oluwole, St. Joseph Regional	2000	
Brent Hobbs, Don Bosco	2001	
Tony Velazquez, Don Bosco	1989	
Kevin Bostick, Bergen Catholic	2008	
Ryan Walsh, Don Bosco	2011	
Josh Landsman, Demarest	2014	
Kenny Clarke, Ramapo	2014	
Javon Turner, Paramus Catholic	2017	
23. Mike Cummings, Hackensack	2012	6-5 $\frac{3}{4}$
24. Tom Bozman, Indian Hills	1996	6-5
Jim Paolillo, Old Tappan	1990	
Val Terebizh, Fort Lee	2006	
Derek Anderson, Indian Hills	2016	
28. Bill Waterfall, New Milford	1967	6-4 $\frac{1}{2}$
29. John Lyons, Don Bosco	1985	6-4
Dan Holdefehr, Paramus	1985	
Rob Edler, Ramapo	1990	
Pat Destro, SJR	1994	
Kevin Kirstein, Demarest	1994	
Donnel Hatter, Ridgefield Park	1994	
Jeff Ochipa, Fair Lawn	1995	
Dario Peynado, Paramus Catholic	1999	
Dan Kiely, Old Tappan	2003	
Tom McCarthy, Saddle Brook	2004	
Dan Oquendo, Hackensack	2005	
E.J. Schuck, Westwood	2005	
Kurt Von Weisenstein, Indian Hills	2007	
Tim White, Saddle Brook	2008	
Roland Gamez, Hasbrouck Heights	2012	
Danny Thompson, Indian Hills	2013	
Brandon Jurasin, River Dell	2013	
Chris Estrella, Ridgefield Park	2014	
Tyler Olivieri, Ridgefield Park	2015	
Jayse Bradley, Bergen Catholic	2017	
Tim DeLorenzo, Northern Highlands	2017	
Manny Montoya, Fort Lee	2017	
Roman Maure, Teaneck	2018	
Ivan Jacob, Bergen Catholic	2019	

LONG JUMP

1. Corey Crawford, Indian Hills	2010	23-11 $\frac{3}{4}$
2. Zach Bazile, St. Joseph	2014	23-9 $\frac{3}{4}$
3. Darius Pemberton, Hackensack	1992	23-7 $\frac{3}{4}$
4. Craig Halyard, Ridgewood	1989	23-5 $\frac{1}{2}$
5. Tony Hayes, Hackensack	1988	23-4
6. Jamal Williams, Teaneck	2012	23-3
7. Mikkel Brown, Glen Rock	1997	23-1 $\frac{3}{4}$

8. Kwame Collins, Hackensack	2007	22-10 ½
9. Gerald Spears, Teaneck	1989	22-10
10. Pat McManus, St. Joseph Regional	1999	22-9 ½
11. Joe Johnson, Hackensack	1986	22-9 ¼
12. Ackeme Brown, Englewood	2009	22-9
13. Anthony Pomo, Saddle Brook	2005	22-8 ½
14. George Alexandris, Fair Lawn	2013	22-7 ¼
15. Roland Gamez, Hasbrouck Heights	2013	22-6
16. Derrick Horner, Don Bosco	1988	22-3 ¼
17. Chris O'Reilly, Paramus Catholic	2000	22-5 ½
18. Lamonte Brown, Demarest	1987	22-5
19. Anthony DiCosmo, Paramus Catholic	1995	22-4 ¾
20. Walter King, Hackensack	1996	22-3 ½
Andrew Achirem, Hackensack	2018	
22. Gabe Knutson, Ridgewood	2004	22-3 ¼
23. Mike Moliere, Teaneck	1997	22-3
24. Mike Roberts, Englewood	1990	22-2 ½
25. Naum Krstevski, Garfield	1992	22-2
26. Conroy Walker, Hackensack	2009	22-1 ½
27. Danny Wu, Tenafly	2008	22-1
28. Ausar Walcott, Hackensack	2007	22-0 ¾
29. Val Terebizh, Fort Lee	2006	22-0
30. K'Waun Williams, St. Joseph Reg.	2009	21-11 ½
31. Aaron Finley, Teaneck	1992	21-10 ½
Sheldon Woodley, Teaneck	1992	
Shawn Samuels, Englewood	1996	
John Porteous, Wood-Ridge	2010	
35. Nick Garrett, Saddle Brook	1999	21-10
James Ortiz, Ramapo	2013	
37. Tommy Smith, Hackensack	2016	21-9 ¾
38. Dan Oquendo, Hackensack	2005	21-9 ½
39. Chris Woodford, Old Tappan	2003	21-9
Chris DeGannes, St. Joseph Regional	2005	
Greg Hazell, Don Bosco	2011	
42. John Deschamps, Ridgefield Park	1994	21-8 ¼
Ted Winfield, Ridgewood	1998	
44. Willie Best, Hackensack	1991	21-7 ½
45. Mike Cummings, Hackensack	2013	21-7 ¼
46. Brent Hobbs, Don Bosco	2001	21-7
George Trival, Ramsey	2013	
48. Taj Martin, Fort Lee	2017	21-6 ½
49. Sullivan Parker, Bergenfield	2004	21-6 ¼
50. Manny Montoya, Fort Lee	2018	21-5 ¾
51. John Augustynowicz, Rutherford	2000	21-5 ½
52. Pete Chamalian, Cresskill	2014	21-5 ¼
Stephen Shields, Bergen Tech	2018	
54. Julius Martin, Hackensack	1994	21-5
Harold Blyden, Bergenfield	2005	
56. Leslie Mongo, Ramsey	2000	21-4 ¾
Greg Stripe, Mahwah	2007	
Alijah Jackson, Paramus Catholic	2016	
59. Mark Sprague, Teaneck	1996	21-4 ½

Haram Yang, Bergen Tech	2016	
61. David Dennis, Hackensack	2003	21-4 ¼
Robin Zhang, Bergen Tech	2013	
63. Maurice West, Englewood	2013	21-4
Cameron Shaw, Ridgefield Park	2017	
Liam Landau, Pascack Hills	2019	
66. John Proctor, Hackensack	2016	21-3 ¾
Nana Agyemang, Paramus Catholic	2018	
68. Kevin Bostick, Bergen Catholic	2008	21-3 ½
Michael Raia, Park Ridge	2014	
70. Sean Rhinehart, Hackensack	1991	21-3 ¼
Chris Estrella, Ridgefield Park	2014	
72. Joey Marcoux, Don Bosco	2003	21-3
Tyler Palumbo, Don Bosco	2003	
Ben Davis, Old Tappan	2013	
75. Robin Zhang, Bergen Tech	2012	21-2 ¾
76. Eugene Kim, Rutherford	2019	21-2 ¼
77. Gareth Hedges, Westwood	1999	21-2
Travis Lloyd, Dumont		
Matt Wierzba, Garfield	2016	

TRIPLE JUMP

1. Craig Halyard, Ridgewood	1989	49-6 ½
2. Darius Pemberton, Hackensack	1992	48-6 ¼
3. Anthony DiCosmo, Paramus Catholic	1995	47-9
4. Tony Hayes, Hackensack	1988	47-8
5. Ed Alston, Hackensack	1982	47-6 ¾
6. Jason Katz, Ramapo	2015	47-5
7. Tevin Ankle, Glen Rock	2010	47-2
8. Weston Daniel, Bergenfield	2002	46-10 ½
9. Ted Lesher, Northern Highlands	2006	46-10 ¼
10. Greg Hazell, Don Bosco	2011	46-6 ¼
11. Neil Okarter, Westwood	1998	46-6
12. John Augustynowicz, Rutherford	2000	46-5 ½
13. Roland Gamez, Hasbrouck Heights	2012	46-0
14. Peter Chamalian, Cresskill	2014	45-11 ¾
15. Harold Blyden, Bergenfield	2005	45-10
16. Gabe Knutson, Ridgewood	2004	45-9 ½
17. Lamonte Brown, Demarest	1987	45-9
18. Zack Bazile, St. Joseph Regional	2014	45-8
19. Anthony Jacobs, Englewood	1993	45-7 ½
20. David Dennis, Hackensack	2003	45-7 ¼
21. Pat McManus, St. Joseph Regional	1999	45-6 ½
22. Teslim Olunlade, Lyndhurst	2018	45-3 ½
23. Walter King, Hackensack	1996	45-3
24. Jacques Brutus, Don Bosco	1990	45-2
25. Tommy Smith, Hackensack	2016	45-0
26. Kwame Collins, Hackensack	2006	44-11 ¾
27. Craig Brown, Teaneck	2008	44-11
28. Sheldon Smith, Teaneck	1999	44-10 ¼
29. Mikkel Brown, Glen Rock	1996	44-9 ¼

30. Dan Oquendo, Hackensack	2005		44-8 ¼
31. Evan Bartlik, Ridgewood	2012		44-8
32. Conroy Walker, Hackensack	2009		44-7 ¼
33. John Lyons, Don Bosco	1985		44-6 ½
34. Shawn Samuels, Englewood	1997		44-6 ¼
35. Dondre Heron, Teaneck	2014		44-5 ¾
36. Sean Rhinehart, Hackensack	1991		44-5 ½
Danny Wu, Tenafly	2008		
38. Val Terebizh, Fort Lee	2006	44-4 ¾	
39. Andrew Dolgin, Ridgewood	2000		44-4 ½
John Porteous, Wood-Ridge	2010		
41. Phil Dowell, Englewood	2010		44-4 ¼
42. Brian Horton, Hackensack	2004		44-4
43. Jaivon Palmer, Englewood	2008		44-3
44. Nick Garrett, Saddle Brook	2000		44-2 ½
45. John Proctor, Hackensack	2016		44-2 ¼
46. Marquis Mitchell, Bergenfield	2004		44-1 ¾
47. Jeremy Perussi, Demarest	2004		44-1
48. Stephen Shields, Bergen Tech	2018		44-0 ½
49. Jon Perdomo, Englewood	1994		44-0
50. Jelani Manigault, Teaneck	1996		43-11
51. Joe Swasey, Bergen Catholic	1990		43-10 ½
Angel Lora, Garfield	2010		
54. Keivon Banks, Bergen Tech	2019		43-10 ¼
55. Mike Cummings, Hackensack	2013		43-8 ¾
Eric Yu, Demarest	2016		
57. Colin Cunningham, Englewood	2010	43-8 ½	
58. Chris Wong, Bergen Tech	2012		43-7 ¾
George Trival, Ramsey	2013		
60. Gerald Spears, Teaneck	1989		43-7 ½
61. Anthony Toscano, St. Joseph Regional	2000		43-7
Josh Heber, Teaneck	2017		
63. Lawrence Banton, Hackensack	2008		43-5 ¼
Jamal Williams, Teaneck	2011		
65. Bryan Murphy, Teaneck	2010		43-5
66. Mike Huertas, Fort Lee	2016		43-4 ¾
67. Tyler Palumbo, Don Bosco	2003		43-4 ½
68. Naum Krstevski, Garfield	1992		43-4 ¼
69. Jason Endres, Paramus	2002	43-4	
70. Rasheed Goodlowe, Teaneck	1989		43-3 ½
Kevin Bostick, Bergen Catholic	2008		
72. John McGuinness, Emerson	1985		43-3 ¼
73. Randy Clarke, Hackensack	2001		43-3
Ben Chazen, Demarest	2013		
James Ortiz, Ramapo	2013		
Jack McCabe, River Dell	2018		
77. Derrick Horner, Don Bosco	1988		43-2 ¼
James Paltos, Demarest	2017		
79. Max Bartlik, Ridgewood	2017		43-2
Zakhari Pryce, Fort Lee	2019		
81. Anthony Pomo, Saddle Brook	2005		43-1 ¾
Romareo Anderson, Teaneck	2014		

POLE VAULT

1. Liam Landau, Pascack Hills	2019	15-9
2. Luke Annichiarco, Old Tappan	2014	15-6
3. Seth Kricheff, Old Tappan	2018	15-0 ¼
4. Gabe Knutson, Ridgewood	2004	15-0
Greg Hoffman, Park Ridge	2009	
Eric Geider, Demarest	2013	
Tyler Hrbek, Old Tappan	2018	
8. Greg Stripe, Mahwah	2008	14-10
9. Sam Siegel, Demarest	2015	14-9
10. Juan Andres Giglio, Ridgefield Park	2010	14-7 ¼
11. Tim Blashford, Ramapo	2007	14-6
Scott Weismiller, Don Bosco	2009	
John Wisener, Ridgewood	2010	
Keith Gandy, Indian Hills	2013	
15. Dan Cooper, Ridgewood	2000	14-3 ¾
16. Paul Wilson, Bergen Catholic	1983	14-0
Adam Sacher, Pascack Valley	2004	
Matt Steeg, Don Bosco	2007	
Brad Hoey, River Dell	2011	
Caleb Duffany, Demarest	2015	
Travis Fisher, North Arlington	2015	
Greg Fuerte, Paramus	2016	
Jason Mezhibovsky, Demarest	2017	
24. Al Schepps, Teaneck	1976	13-7
25. Greg Munier, Hackensack	1979	13-6
David Dickey, Teaneck	1980	
Jeff Hooten, Ramsey	1984	
Matt Psaltis, Fair Lawn	1992	
Ryota Uetani, Demarest	1995	
Ken Scheider, Don Bosco	1999	
Gareth Hedges, Westwood	1999	
Emanuel Ayvas, Wood-Ridge	2001	
Owen Pope, Hackensack	2001	
Kevin Sofia, Ramsey	2008	
Austin Schaller, Old Tappan	2008	
Rich Cannici, Hasbrouck Heights	2010	
Tyler Poland, Mahwah	2011	
Alex Albanese, Ramsey	2011	
Calvin Hartman, River Dell	2013	
Dylan Downing, Ridgewood	2013	
Allan Wong, Ridgewood	2014	
Spencer Llerandi, Ridgewood	2014	
Chris Diaz, Ridgefield Park	2014	
Willem Glans, River Dell	2015	
Dominic Roca, Mahwah	2016	
Jack Muller, Mahwah	2016	
Joe Kim, Ridgefield Park	2016	
Ryan Vimba, Ridgewood	2017	
Jona Kim, Old Tappan	2018	
Sam Pitkowsky, Pascack Valley	2018	

Jarod Forer, Glen Rock	2018	
Adam Stavash, Hasbrouck Heights	2019	
Justin Manne, Mahwah	2019	
Robert Escarret, Ridgefield Park	2019	
55. John Boylan, Ridgewood	1980	13-3
Todd Pitcher, Don Bosco	1997	
Jake Ricciardi, Ridgewood	2004	
58. Dom Criscione, River Dell	1973	13-2
Jim Redington, Hackensack	1983	
60. Vahe Hagopian, Ridgewood	1993	13-0
Scott Kolkebeck, Old Tappan	1996	
Bob Miller, Bergen Catholic	1999	
Mark Peros, Saddle Brook	2001	
Tom McCormick, Don Bosco	2002	
Ian Straughter, Hackensack	2004	
Ching Pei, Hackensack	1990	
Claude Guinchard, Don Bosco	2006	
Dan Nyfinger, Demarest	2010	
Yaniv Sofer, Demarest	2010	
Steve Felice, Midland Park	2011	
Tarou Seki, Pascack Hills	2011	
Mike Baselice, Don Bosco	2011	
Alex Sisco, Hasbrouck Heights	2012	
Raul Ferreira, Ridgefield Park	2013	
Marc Ocampo, Old Tappan	2014	
Luis Escarret, Ridgefield Park	2014	
Brian Moran, Hasbrouck Heights	2016	
Eran Peci, Emerson	2017	
Kyle Cho, Paramus	2019	
80. Ed Rice, Don Bosco	1985	12-9
Dave Esposito, St. Joseph Regional	1985	
82. Dan Chediak, Fort Lee	2009	12-7
83. Frank Martinez, Ridgefield Park	1992	12-6
Mike Van Grouw, Mahwah	1993	
Mike Bobovnick, Fort Lee	1993	
Pat Destro, SJR	1994	
Sean Lumley, Demarest	1994	
Joe Kim, Fort Lee	1995	
Colin Mutchler, Old Tappan	1995	
Max Kosoy, Fair Lawn	1995	
Doug Park, Fort Lee	2006	
Dom Fittizzi, Hackensack	2007	
Garret LaCroce, Park Ridge	2010	
Ted D'Amico, Bergen Catholic	2012	
Dante D'Agostaro, Mahwah	2015	
Chris Puntasecca, Don Bosco	2015	
Will Jenkins, Ramsey	2015	
Brian Nagotko, Mahwah	2017	
Hamza Zaydan, Hackensack	2017	
Reese Muller, Mahwah	2019	
Sean Herlihy, Old Tappan	2019	

PENTATHLON(19)

1. Darius Pemberton, Hackensack	1993	4,120
2. Mike Stansfield, Garfield	1999	3,604
3. Danny Oquendo, Hackensack	2005	3,576
4. Tim White, Saddle Brook	2008	3,529
5. Corey Crawford, Indian Hills	2010	3,520
6. Roland Gamez, Hasbrouck Heights	2013	3,419
7. Brent Hobbs, Don Bosco	2001	3,377
8. Taylor Cudequest, Pascack Hills	2012	3,360
9. Mike Cummings, Hackensack	2012	3,344
10. Harold Blyden, Bergenfield	2005	3,332
11. Sean Degnon, Demarest	2012	3,301
12. Brandon Fronjian, Palisades Park	2002	3,272
13. Justin Everett, Paramus Catholic	1991	3,268
14. Gabe Knutson, Ridgewood	2004	3,259
15. Tom O'Connell, Ramsey	2005	3,236
16. Brian Rodak, Ramsey	2000	3,234
17. Max Bartlik, Ridgewood	2018	3,233
18. Joe Vargas, Paramus	2009	3,216
Manny Montoya, Fort Lee	2018	
20. Zack Bazile, St. Joseph	2014	3,206
21. Ben Stein, Tenafly	2016	3,203
22. Rich Miller, Cresskill	1990	3,190
23. Steve Gomez, Hackensack	2001	3,189
24. Derek Anderson, Indian Hills	2016	3,186
25. Dave Schuman, Saddle Brook	1992	3,181
26. Matt Psaltis, Fair Lawn	1992	3,174
27. Moritz Hoemke, Westwood	1996	3,172
28. Eugene Kim, Rutherford	2019	3,165
28. Joey Marcoux, Don Bosco	2003	3,121
29. Ausar Walcott, Hackensack	2007	3,103
30. Trevor O'Grady, Wood-Ridge	2001	3,088
31. Jake Manzo, Ramsey	2008	3,087
James Doherty, Tenafly	2009	
33. Serban Ionato, Demarest	2018	3,083
34. Brian Voorhis, River Dell	2004	3,021
35. Mike Iozzia, Ramsey	2007	3,020
36. Mark Monohan, Hasbrouck Heights	2012	3,007
37. Liam Landau, Pascack Hills	2018	3,005
38. Chris Woodford, Old Tappan	2003	3,004

GIRLS

55M

1. Myasia Jacobs, Paramus Catholic	2010	6.8
2. Tisa Stubbs, Englewood	1983	6.9
3. Marteze Golden, Teaneck	1983	7.0
Michelle Forrester, Teaneck	1984	
Carlene Cummings, Englewood	1995	
Takara Wilks, Queen of Peace	2002	
Janine Davis, Queen of Peace	2004	
Kristen Brown, Englewood	2009	
Janay Mitchell, Teaneck	2009	
Bryanna Knight, Paramus Catholic	2010	
Tiffany Bautista, Paramus Catholic	2018	
12. Lori Morton-Soley, Westwood	1982	7.1
Neretta Freeman, Garfield	1985	
Nicole Golden, Teaneck	1990	
Mary Jones, Hackensack	1999	
Consandria Walker, Hackensack	2004	
Cheryl Anscombe, Westwood	2004	
Michelle Forrester, Teaneck	1984	
Amma Walcott, Hackensack	2005	
Angelica Johnson, Ridgefield Park	2007	
Jordyn Smith, Paramus Catholic	2012	
Angela Harrison, Paramus Catholic	2012	
Alexis Trott, Paramus Catholic	2016	
Katherine Muccio, Ridgewood	2018	
Nicole Vadon, Pascack Hills	2018	

55M (AT)

1. Myasia Jacobs, Paramus Catholic	2011	6.82
2. Jordyn Smith, Paramus Catholic	2012	7.09
3. Takara Wilks, Queen of Peace	2001	7.14
Ayo O'uhuru, Pascack Hills	2016	
5. Janay Mitchell, Teaneck	2009	7.16
6. Mariah Fede, Paramus Catholic	2019	7.17
7. Carlene Cummings, Englewood	1997	7.19
8. Angelica Johnson, Ridgefield Park	2007	7.20
9. Kristen Brown, Englewood	2009	7.21
10. Kayce Darby, Teaneck	2019	7.22
11. Katherine Muccio, Ridgewood	2018	7.23
12. Kahlia Taylor, Teaneck	2011	7.24
13. Missy Hicks, Teaneck	1988	7.25
Courtney Cubicciotti, IHA	2000	
15. Janine Davis, Queen of Peace	2005	7.26
16. Nicole Vadon, Pascack Hills	2018	7.27
Grace O'Shea, Ramapo	2019	
18. Olivia Florio, Northern Highlands	2016	7.28
19. Anike Orimogunje, Queen of Peace	2003	7.30
20. Gily Dishon, Tenafly	1989	7.32
Alexis Trott, Paramus Catholic	2016	
Taylor Newman, Old Tappan	2019	

23. Nicole Golden, Teaneck	1990	7.33
24. Bryanna Knight, Paramus Catholic	2010	
25. Consandria Walker, Hackensack	2004	7.34
26. Angela Harrison, Paramus Catholic	2011	7.35
Tatiana Sanders, Paramus Catholic	2014	
28. Lauren Fanelli, River Dell	1999	7.37
Sanai Bryant, Englewood	2019	
30. Talasiah Balgoban, Teaneck	2012	7.38
31. Jen Pash, IHA	2011	7.40
32. Nina Njoku, Queen of Peace	2000	7.41
33. Serenity Martin, IHA	2009	7.42
Morgan Florio, Northern Highlands	2017	
35. Megan Gadaleta, Demarest	2008	7.43
Christian Rasnake, IHA	2017	
37. Diana Lawson, Queen of Peace	2000	7.44
Toni James, Teaneck	2016	
39. Cheryl Anscombe, Westwood	2004	7.45
Lauren Brzozowski, Ramapo	2015	
Tiffany Bautista, Paramus Catholic	2018	
Sarah Hutchins, Glen Rock	2019	
43. Sara Pieri, Ramapo	1988	7.46
Emily Barr, Ridgewood	2008	
Emma Cunningham, Ramsey	2019	
46. Jordan Mayo, Tenafly	2019	7.47
47. Erica Cigolini, Ridgewood	2007	7.48
Kellie Dunn, Rutherford	2008	
Isabelle Dely, Paramus Catholic	2019	
Maris Rodriguez, Holy Angels	2019	
51. Briana Setnitzky, Pascack Hills	2012	7.49
52. Grace Smiechowski, No. Highlands	2018	7.50
Sophia Schwartz, Ramapo	2019	
Shanice Murray, Hackensack	2019	
55. Keirsten Wallace, Westwood	1989	7.51
Kim Nagotko, Mahwah	2010	
Jacqueline Brocco, Tenafly	2015	
Faith Sutton, Paramus Catholic	2017	
59. Morgan Valente, Northern Highlands	2017	7.52
60. Abby Beutel, River Dell	2003	7.54
Neretta Freeman, Garfield	1987	
Janienne Palmer, Englewood	2013	
Aminah Sarraga, Teaneck	2013	
64. Krystal Wyche, Hackensack	2007	7.56
65. Jessica Perkel, Old Tappan	2003	7.58
Amma Walcott, Hackensack	2005	
Rayn Moses, Hasbrouck Heights	2012	
Ebony Forbes, River Dell	2015	
Kristen Valentine, IHA	2016	
70. Naomi Clarke, Hackensack	2014	7.59
Lindsey Desir, Paramus Catholic	2018	
72. Grace Cepeda, River Dell	2017	7.60
Rashya Edwards, Teaneck	2017	
74. Amy Salek, Ramapo	2006	7.61

Katherine Buquicchio, Holy Angels	2011		
Leslie Torres, Waldwick	2018		
Kiyara Santos, Paramus Catholic	2019		
78. Jenni Zymet, Paramus	2009	7.62	
Shannon Roberts, Saddle Brook	2012		
80. Jennifer Andujar, Teaneck	2002	7.63	
Lexi DelGizzo, Tenafly	2017		
200M			
1. Mariah Fede, Paramus Catholic	2019	24.66	
2. Myasia Jacobs, Paramus Catholic	2010	24.6	
3. Anike Orimogunje, Queen of Peace	2000	24.99	
4. Janine Davis, Queen of Peace	2005	25.04 (24.96)	
5. Kayce Darby, Teaneck	2019	25.16	
6. Jen Pash, IHA	2012	25.2	
7. Courtney Cubicciotti, IHA	1999	25.3	
8. Sophia Davis, Queen of Peace	2003	25.63	
9. Tatiyanna Sanders, Paramus Catholic	2014	25.5	
Maris Rodriguez, Holy Angels	2018		
11. Katherine Muccio, Ridgewood	2018	25.70	
12. Grace O'Shea, Ramapo	2019	25.73	
13. Lauren Brzozowski, Ramapo	2015	25.75	
14. Aminah Sarraga, Teaneck	2016	25.76	
15. Angelica Johnson, Ridgefield Park	2007	25.6	
16. Michelle Forrester, Teaneck	1984	25.86	
Toni James, Teaneck	2016		
18. Janay Mitchell, Teaneck	2007	25.95	
19. Bryanna Knight, Paramus Catholic	2010	25.9	
Jordyn Smith, Paramus Catholic	2012		
Angela Harrison, Paramus Catholic	2012		
Ayo O'uhuru, Pascack Hills	2016		
23. Lexi DelGizzo, Tenafly	2015	26.05	
24. Sophia Schwartz, Ramapo	2019	26.07	
25. Shanice Murray, Hackensack	2019	26.10	
26. Grace Smiechowski, No. Highlands	2018	26.11	
27. Olivia Florio, Northern Highlands	2017	26.0	
28. Serenity Martin, IHA	2009	26.19	
29. Amma Walcott, Hackensack	2005	26.1	
Erica Cigolini, Ridgewood	2007		
Jaiden Hasan, Teaneck	2018		
32. Diana Lawson, Queen of Peace	1998	26.25	
33. Kahlia Taylor, Teaneck	2012	26.2	
Maria Acosta, Paramus Catholic	2015		
Alexis Trott, Paramus Catholic	2016		
Megan Gasnick, Park Ridge	2018		
37. Amy Salek, Ramapo	2006	26.3	
38. Gabriella Manjarrez, Fort Lee	2019	26.51	
39. Sonia Malpeso, Holy Angels	2005	26.4	
Alice Wisener, Ridgewood	2007		
Rebecca Coffman, Indian Hills	2008		
42. Sophia Vernieri, Ramapo	2019	26.55	
43. Daphne Blick, Teaneck	1990	26.57	

44. Christian Rasnake, IHA	2017	26.58
45. Sarah Hutchins, Glen Rock	2019	26.61
Nicole Barbaro, Holy Angels	2019	
47. Cortney Lander, Ramapo	2019	26.62
48. Kai Lash, Pascack Hills	2018	26.5
Isabelle Souza, IHA	2018	
Kiyara Santos, Paramus Catholic	2019	26.64
51. Julia Healy, Northern Highlands	2017	26.72
Taylor Newman, Old Tappan	2019	
53. Jennifer Andujar, Teaneck	2002	26.77
54. Natalie Miller, Pascack Valley	2013	26.79
55. Grace Cepeda, River Dell	2017	26.82
56. Emma Cunningham, Ramsey	2019	26.84
Carlene Cummings, Englewood	1995	26.7
Alyssa Fanucci, Old Tappan	2005	
Victoria Purritano, Ridgewood	2018	
Emma Kinney, Ramapo	2018	
61. Kendall Cabalero, Fort Lee	2019	26.87
62. Nicole Golden, Teaneck	1990	26.8
Delcita Russell, Hackensack	1995	
Krystal Wyche, Hackensack	2007	
Melody Lopez-Bernstein, Paramus Cath.	2008	
Victoria Mold, Mahwah	2011	
Kim Nagotko, Mahwah	2011	
68. Caroline Lee, Dwight-Englewood	2019	26.96
69. Dana Lynch, Hackensack	2013	26.97
70. Erin Buquicchio, Pascack Hills	2019	26.98
71. Consandria Walker, Hackensack	2006	27.00
72. Kyla Krawczyk, Northern Highlands	2018	27.01
73. Michelle Cascio, Westwood	2011	26.9
Amanda Pook, Northern Highlands	2014	
Tajia Lagomarsino, Saddle Brook	2015	
76. Talasiah Balgoban, Teaneck	2011	27.0
Emma Sullivan, Northern Highlands	2012	
Lily DeMartino, Indian Hills	2015	

300Y

1. Ginny Figlar, Ridgewood	1987	37.1
2. Tisa Stubbs, Englewood	1983	37.4
3. Renita Terry, Hackensack	1981	37.5
Jen Metz, Pascack Valley	1992	
5. Dana Riley, Teaneck	1993	38.0
7. Aquansa Garth, Westwood	1988	38.2
Matilda Miranda, Teaneck	1989	
Daphne Blick, Teaneck	1990	
10. Marissa Jackson, Hackensack	1997	38.3
Maris Rodriguez, Holy Angels	2018	
12. Christine Rose, IHA	1991	38.4
13. Delcita Russell, Hackensack	1995	38.49
14. Adria Ferguson, Old Tappan	1993	38.5
15. Aleta Fischer, Pascack Valley	1976	38.7
Jenni Zymet, Paramus	2010	

17. Aileen Trendler, Old Tappan	1985	38.8
Jen Pash, IHA	2010	
19. Adriana Lanuto, Ramsey	2008	38.9
20. Terri Bieber, Tenafly	1988	39.0
Melissa Gilbert, Ridgewood	1992	
Venida Rodman, Teaneck	1984	
23. Heather Parrish, Old Tappan	1992	39.3
24. Mary Sok, Westwood	1988	39.4
Liz Ross, Ridgewood	1985	39.5
26. Kim Baumbach, Pascack Valley	1988	39.6
Michelle Forrester, Teaneck	1985	
Michele Satine, Glen Rock	1995	
Heather Nicoletti, Hasbrouck Heights	2001	
Tori Roth, River Dell	2009	
31. Caitlin Sherry, River Dell	2000	39.7
Janay Mitchell, Teaneck	2007	
Colleen Murphy, Westwood	2008	
34. Jean Readie, Queen of Peace	1993	39.8
Jen Mueller, IHA	2005	
Taylor Meding, Northern Highlands	1988	
37. Kate Brunner, Ridgewood	1995	39.9
Terri Bieber, Tenafly	1987	

300M

1. Janine Davis, Queen of Peace	2004	39.1
2. Myasia Jacobs, Paramus Catholic	2011	39.28
3. Lexi DelGizzo, Tenafly	2015	40.3
4. Jen Pash, IHA	2012	40.4
5. Mariah Fede, Paramus Catholic	2019	40.56
6. Anike Orimogunje, Queen of Peace	2002	40.5
7. Janay Mitchell, Teaneck	2009	40.6
Aminah Sarraga, Teaneck	2015	
9. Katherine Muccio, Ridgewood	2017	40.9
10. Jordyn Smith, Paramus Catholic	2012	40.90
11. Alice Wisener, Ridgewood	2007	40.8
Kim Nagotko, Mahwah	2011	
13. Megan Gasnick, Park Ridge	2017	41.14
14. Maria Acosta, Paramus Catholic	2016	41.15
15. Rebecca Coffman, Indian Hills	2006	41.0
16. Dana Riley, Teaneck	1993	41.1
Cheryl Anscombe, Westwood	2003	
Alicia Pena, Englewood	2014	
19. Alexandra Cimino, Westwood	2013	41.2
20. Jean Readie, Queen of Peace	1993	41.5
Courtney Cubicciotti, IHA	2000	
Bryanna Knight, Paramus Catholic	2010	
Colleen Murphy, Westwood	2010	
24. Sophia Davis, Queen of Peace	2006	41.6
Jenni Zymet, Paramus	2010	
26. Amy Salek, Ramapo	2006	41.8
Kahlia Taylor, Teaneck	2012	
Abby Adams, Ramapo	2016	

29. Sonia Malpeso, Holy Angels	2005	41.9
Angelica Johnson, Ridgefield Park	2007	
Janay Ferrel, Teaneck	2012	
Grace Cepeda, River Dell	2017	
33. Adria Ferguson, Old Tappan	1993	42.0
Nina Njuko, Queen of Peace	2000	
Melody Lopez-Bernstein, Paramus Cath.	2008	
Adrianna Lanuto, Ramsey	2008	
Christina Welzer, Demarest	2014	
38. Ginny Figlar, Ridgewood	1988	42.21
39. Jessica Perkel, Old Tappan	2004	42.1
40. Melissa Gilbert, Ridgewood	1994	42.2
Kathleen Johnston, Indian Hills	2011	
Micaela McPadden, Ridgewood	2012	
Lily DeMartino, Indian Hills	2015	
Maris Rodriguez, Holy Angels	2017	
45. Erica Cigolini, Ridgewood	2007	42.3
Michelle McCourt, IHA	2009	
47. Diana Lawson, Queen of Peace	2000	42.4
Jen Mueller, IHA	2005	
Emma Sullivan, Northern Highlands	2013	
Amanda Pook, Northern Highlands	2015	
Toni James, Teaneck	2016	
Christian Rasnake, IHA	2017	
53. Katie Vernon, Ramsey	2012	42.6
54. Caitlin Sherry, River Dell	1999	42.77
55. Ebony Ramos, Hackensack	2001	42.7
Michelle Smith, Teaneck	2003	
Abby Beutel, River Dell	2004	
Maxine McConnell, Old Tappan	2014	
59. Kelsley Broomfield, Holy Angels	2010	42.8
Angela Harrison, Paramus Catholic	2012	
61. Sophia Vernieri, Ramapo	2019	43.04
Marissa Jackson, Hackensack	1997	42.9
Tarashon Broomes, Paramus Catholic	2002	
Emily Barr, Ridgewood	2007	
Jillian DiGiacinto, Hasbrouck Heights	2016	
66. Heather Parrish, Old Tappan	1992	43.0
Jennifer Andujar, Teaneck	2002	
Consandria Walker, Hackensack	2004	
Krystal Wyche, Hackensack	2006	
Corinne Myers, Westwood	2014	
71. Tori Roth, River Dell	2007	43.1
72. Gily Dishon, Tenafly	1990	43.2
Janienne Palmer, Englewood	2013	
Taylor Pani, Ramapo	2015	
75. Julia Healy, Northern Highlands	2015	43.37
76. Matilda Miranda, Teaneck	1989	43.3
Michele Satine, Glen Rock	1995	
Brittney Saunders, Fort Lee	1999	
Nicole Golden, Teaneck	1991	
Coral Hershkovitz, Tenafly	2011	

Liz Sidaros, Indian Hills	2012	
82. Chris Coche, Pascack Hills	1988	43.4
Pam Kopfensteiner, Northern Highlands	2006	
Katie Landrigan, Rutherford	2009	
Michelle Cascio, Westwood	2010	
Shereen Al-Sawwaf, Dwight-Englewood	2014	
Emma Cunningham, Ramsey	2016	
88. Gizele Watson, Ridgewood	1994	43.5
Krista Saunders, Fort Lee	1997	
Diana Orrico, IHA	2004	
Sarah Giblin, IHA	2004	
Kristen Sherlock, Holy Angels	2012	
93. Kiyara Santos, Paramus Catholic	2017	43.85
94. Hailey Coonrad, Ramsey	2003	43.6
Mia Martinez, Ridgewood	2008	
Victoria Mold, Mahwah	2011	
Molly Cohan, Mahwah	2012	
Kristen Webb, Ramsey	2012	
Jaime Mangold, Indian Hills	2013	
100. Stephanie Ottino, IHA	2005	43.7
Alyssa Maier, River Dell	2007	
Jade Toote', New Milford	2010	

400M

1. Janine Davis, Queen of Peace	2004	54.70
2. Myasia Jacobs, Paramus Catholic	2010	56.82
3. Amy Salek, Ramapo	2008	57.00
4. Jenni Zymet, Paramus	2010	57.02
5. Sophia Davis, Queen of Peace	2004	57.50
6. Megan Gasnick, Park Ridge	2018	57.4
7. Dana Riley, Teaneck	1993	57.58
8. Jen Metz, Pascack Valley	1992	57.5
9. Ginny Figlar, Ridgewood	1987	57.74
10. Lexi DelGizzo, Tenafly	2016	57.92
11. Grace Smiechowski, No. Highlands	2019	57.94
12. Lauren Brzozowski, Ramapo	2015	57.8
13. Maria Acosta, Paramus Catholic	2015	58.1
14. Janay Ferrel, Teaneck	2012	58.2
15. Delcita Russell, Hackensack	1997	58.26
16. Jen McDermott, Ridgewood	1989	58.42
Alex Cimino, Westwood	2013	
18. Deanna DiLandro, Ramapo	2014	58.50
19. Mariah Fede, Paramus Catholic	2019	58.59
20. Micaela McPadden, Ridgewood	2013	58.5
Caroline O'Sullivan, Old Tappan	2016	
22. Katherine Muccio, Ridgewood	2018	58.66
23. Kyla Krawczyk, Northern Highlands	2017	58.70
24. Kahlia Taylor, Teaneck	2012	58.6
Sarah Adams, Ramapo	2018	
Katie Vernon, Ramsey	2013	58.74
27. Jen Pash, IHA	2012	58.8
Emma Sullivan, Northern Highlands	2013	

29. Nicole Barbaro, Holy Angels	2019	59.01
30. Rebecca Coffman, Indian Hills	2006	58.9
Victoria Mold, Mahwah	2011	
Tajia Lagomarsino, Saddle Brook	2015	
33. Melody Lopez-Bernstein, Para. Cath.	2007	59.0
34. Aminah Sarraga, Teaneck	2015	59.18
35. Caitlin Ubl, Old Tappan	2015	59.1
Kai Lash, Pascack Hills	2018	59.24
37. Sophia Vernieri, Ramapo	2019	59.30
38. Julia Healy, Northern Highlands	2017	59.34
39. Matilda Miranda, Teaneck	1989	59.37
40. Tarashon Broomes, Paramus Catholic	2002	59.40
41. Gabriela Manjarrez, Fair Lawn	2019	59.41
42. Caitlin Sherry, River Dell	2001	59.47
43. Diana Lawson, Queen of Peace	1998	59.53
44. Noreen Byrne, River Dell	2015	59.60
45. Amanda Pook, Northern Highlands	2014	59.6
Stephanie Behrens, Ramapo	2017	
47. Julieanne Fontana, Pascack Hills	2008	59.82
48. Michelle McCourt, IHA	2008	59.84
49. Sophia Schwartz, Ramapo	2019	59.89
50. Colleen Murphy, Westwood	2010	59.91
51. Sonia Malpeso, Holy Angels	2005	59.9
52. Claire Scavone, Ramapo	2013	60.0
53. Nina Njoku, Queen of Peace	2000	60.1
Cheyenne Ogletree, Garfield	2005	
Abby Adams, Ramapo	2016	
56. Diane Bain, Ramsey	2009	60.31
57. Jean Readie, Queen of Peace	1993	60.2
Kim Lewis, River Dell	2016	
59. Lily DiMartino, Indian Hills	2017	60.3
60. Madison Holleran, No. Highlands	2013	60.46
61. Faith Sutton, Paramus Catholic	2017	60.56
Emma Cunningham, Ramsey	2019	
63. Taylor Newman, Old Tappan	2019	60.57
64. Hannah Figueroa, Pascack Hills	2017	60.62
65. Abby Beutel, River Dell	2004	60.5
66. Michelle Cascio, Westwood	2011	60.66
67. Breeana Nolan, Demarest	2019	60.69
68. Sam Sudol, Ramsey	2017	60.71
69. Gabriela Sloezen, Westwood	2012	60.73
70. Racquel Clarke, Teaneck	2005	60.6
Pam Kopfensteiner, Northern Highlands	2006	
Ashlyn McKenna, Ramapo	2015	
73. Sarah Giblin, IHA	2004	60.7
Aderonke Bakare, Teaneck	2009	
Coral Hershkovitz, Tenafly	2011	
Robine Arami, Northern Highlands	2015	
Julia Kelly, Glen Rock	2016	
78. Kim Nagotko, Mahwah	2011	60.90
79. Daphne Blick, Teaneck	1990	60.8

Tori Roth, River Dell	2009	
Jenn Nass, Hasbrouck Heights	2011	
Kathryn Grant, Hackensack	2014	
83. Christine Siebold, Demarest	2000	60.9
84. Teri Martin, Hackensack	1992	61.0
Kristen Webb, Ramsey	2014	
Serena Martinez, Hackensack	2016	
87. Victoria Purritano, Ridgewood	2019	61.17
88. Elizabeth Healy, Northern Highlands	2016	61.18
89. Jamie Mangold, Indian Hills	2013	61.23
90. Jenn Pierce, Northern Highlands	2006	61.1
Ceili Brennan, Westwood	2009	
92. Brielle Sutter, Saddle Brook	2011	61.27
93. Jillian DiGiacinto, Hasbrouck Hts	2016	61.31
94. Nancy Scott, Garfield	1991	61.2
Anise Johnson, Teaneck	2006	
96. Erin Buquicchio, Pascack Hills	2019	61.45
97. Jen O'Brien, Pascack Valley	1999	61.46
Olivia Grace, Ridgewood	2019	
99. Lynn Degelmann, Ridgewood	1987	61.49
100. Grace McCullough, Teaneck	2019	61.52

500M (1)

1. Janine Davis, Queen of Peace	2005	1:12.99
2. Lexi DelGizzo, Tenafly	2015	1:17.06
3. Sarah Adams, Ramapo	2019	1:18.83

600Y (20)

1. Jen Metz, Pascack Valley	1992	1:23.92
2. Ginny Figlar, Ridgewood	1988	1:24.58
3. Jean Readie, Queen of Peace	1992	1:27.65
4. Jenni Zymet, Paramus	2010	1:27.7
5. Dana Riley, Teaneck	1993	1:28.0
6. Jasmin Jones, Hackensack	1985	1:28.7
7. Donna Lesch, Indian Hills	1985	1:28.8
8. Heather Parrish, Old Tappan	1992	1:28.92
9. Christine Spilka, Old Tappan	2008	1:28.9
10. Renee Pavelski, Ridgewood	1993	1:29.3
11. Bry Bonavita, River Dell	2007	1:29.9
12. Julie Sinkovitz, IHA	2010	1:30.2
13. Gabriela Sloezen, Westwood	2012	1:30.6
14. Michelle McCourt, IHA	2009	1:31.3
15. Lynne Collazo, Ridgewood	1989	1:31.5
16. Jessica Setless, Paramus	2005	1:31.6
17. Maria Werner, Bergenfield	1985	1:31.9
18. Nancy Scott, Garfield	1992	1:32.0
Diane Bain, Ramsey	2009	
20. Elina Ploskin, Fair Lawn	2002	1:32.4
21. Teri Martin, Hackensack	1991	1:32.7
Elizabeth Rosenberger, Ramsey	2010	
23. Leah Jerome, Glen Rock	2001	1:32.9
24. Mary Sok, Westwood	1987	1:33.1

25. Caitlin Sherry, River Dell	2001	1:33.2
Sam Schleiger, River Dell	2012	
Jamie Mangold, Indian Hills	2012	
27. Liz Raciti, Ramsey	1991	1:33.3
Karen Weissinger, Westwood	1985	
29. Eliza Hoover, Holy Angels	2019	1:33.4
30. Kim Mineo, Glen Rock	2001	1:33.5
31. Shannon Glynn, Holy Angels	2012	1:33.7
32. Jen Zucaro, Ridgewood	2001	1:33.8
Jess Krejsa, Ridgewood	2006	
Catherine Buckley, Ridgewood	2009	

600M

1. Janine Davis, Queen of Peace	2005	1:29.27
2. Corinne Myers, Westwood	2014	1:33.9
3. Jenni Zymet, Paramus	2010	1:34.9
4. Sarah Adams, Ramapo	2019	1:35.46
5. Maria Acosta, Paramus Catholic	2016	1:35.7
6. Kelsey Larkin, Ramsey	2016	1:35.9
7. Lexi DelGizzo, Tenafly	2016	1:36.21
8. Bry Bonavita, River Dell	2007	1:36.1
9. Deanna DiLandro, Ramapo	2013	1:36.2 (en route)
10. Colleen Buckley, IHA	2015	1:36.5
11. Cristina Law, Ridgewood	2007	1:36.6
Kate Michel, Ridgewood	2008	
Diane Bain, Ramsey	2009	
14. Kyla Krawczyk, Northern Highlands	2019	1:37.15
15. Gabby Sloezen, Westwood	2012	1:37.1
16. Noreen Byrne, River Dell	2015	1:37.3
17. Kim Mineo, Glen Rock	2002	1:37.7
18. Janelle McCallum, Teaneck	1999	1:37.8
19. Sophia Davis, Queen of Peace	2004	1:37.9
Caroline O'Sullivan, Old Tappan	2015	
21. Jean Readie, Queen of Peace	1993	1:38.0
22. Grace Smiechowski, No. Highlands	2018	1:38.44
23. Sam Sudol, Ramsey	2017	1:38.3
24. Michelle McCourt, IHA	2008	1:38.4
Fiona Ralph, IHA	2017	
26. Paige Fernandez, River Dell	2013	1:38.7
27. Grace McCullough, Teaneck	2019	1:38.89
28. Shauna Koenig, Hackensack	2000	1:38.9
29. Renee Pavelski, Ridgewood	1993	1:39.0
30. Janay Ferrel, Teaneck	2012	1:39.2
31. Abby Lee, Pascack Valley	2016	1:39.3
32. Caitlin Wittreich, Tenafly	1996	1:39.6
Jamie Mangold, Indian Hills	2012	
34. Faith Sutton, Paramus Catholic	2017	1:39.80
35. Christine Spilka, Old Tappan	2009	1:39.8
Hanako Shigenobu, Ridgewood	2012	
37. Kelly Redl, Ramsey	2012	1:39.9
38. Kayla Savage, Indian Hills	2009	1:40.0
39. Allison Torsiglieri, Tenafly	2012	1:40.1

40. Serena Martinez, Hackensack	2016	1:40.2
41. Lauren Sherry, River Dell	1999	1:40.3
Catherine Buckley, Ridgewood	2009	
43. Jen Metz, Pascack Valley	1991	1:40.4
Breeana Nolan, Demarest	2018	
45. Racquel Clarke, Teaneck	2005	1:40.5
Micaela McPadden, Ridgewood	2013	
47. Heather Parrish, Old Tappan	1992	1:40.6
48. Sam Schleiger, River Dell	2013	1:40.7
49. Jess Krejsa, Ridgewood	2006	1:40.9
Megan Brockmeier, IHA	2015	
51. Stephanie Westerman, Ridgewood	2005	1:41.0
Jessica Setless, Paramus	2005	
53. Kelly Conheeneey, Ridgewood	2007	1:41.1
Kathryn Grant, Hackensack	2013	
55. Olivia Randolph, Teaneck	2016	1:41.2
56. Hilary McElwain, No. Highlands	2014	1:41.49
57. Diana Lana, Saddle Brook	1995	1:41.4
Caitlin Hemmer, IHA	2002	
Nancie Sophias, Fort Lee	2010	
60. Victoria Sloezen, Westwood	2014	1:41.6
Adriana Scipioni, River Dell	2019	1:41.74
62. Julia Senkevich, Westwood	2013	1:41.8
63. Jen Zucaro, Ridgewood	2001	1:41.9
Kelly Berkanish, River Dell	2006	
65. Julie Sinkovitz, IHA	2009	1:42.0
66. Vicki Byrne, Saddle Brook	1996	1:42.1
67. Amanda Mircovich, River Dell	2019	1:42.29
68. Kaitlyn Cooney, IHA	2008	1:42.2
69. Erin Racano, Ramapo	2016	1:42.3
70. Alison Pojanowski, Ramsey	1993	1:42.4
Georgia Markham, Demarest	2017	
Giulia Pezzolla, Lyndhurst	2018	
73. Anna Caffrey, Ridgewood	2013	1:42.6
74. Erika Papaccioli, Paramus	1997	1:42.8
Ginny Figlar, Ridgewood	1988	
Cat McQuade, River Dell	2011	
Vanessa Valdes, Hackensack	2012	
78. Katherine Zucaro, Ridgewood	2000	1:42.9
Leah Noble, Bergen Tech	2007	
80. Robine Arami, Northern Highlands	2015	1:43.12
81. Megan Clarke, River Dell	2003	1:43.0
Victoria Davis, Demarest	2012	
83. Caitlin Smyth, IHA	2001	1:43.1
Teisha Ruggiero, River Dell	2004	
85. Tara Keegan, Westwood	2009	1:43.2
Lily Flood, Ramsey	2018	
87. Devin Czuj, IHA	2012	1:43.3
Beibhinn O'Reilly, Pascack Valley	2018	
89. Caitlin Sherry, River Dell	2000	1:43.4
Emily Drew, Westwood	2000	

91. Justine Lupo, Ridgewood	2004	1:43.5
Jean Hughes, Ridgewood	1989	
93. Carolyn Coletti, Ramsey	2019	1:43.78
94. Delcita Russell, Hackensack	1997	1:43.7
Samantha Schleiger, River Dell	2011	
Anna Richard, Northern Highlands	2012	
97. Tara Connelly, Pascack Valley	2002	1:43.8
Jessica Villalba, Ridgefield Park	2003	
Leah Sussman, Indian Hills	2017	
100. Christina Patoir, Glen Rock	2004	1:44.0
Nicki Gross, Holy Angels	2004	
Jen Moutenot, Mahwah	2014	
Julia Guerra, Indian Hills	2016	
Ana Devlin, Demarest	2017	

800M

1. Janine Davis, Queen of Peace	2005	2:07.60
2. Corinne Myers, Westwood	2014	2:09.02
3. Catherine Pagano, No. Highlands	2015	2:09.8
4. Jasmin Jones, Hackensack	1987	2:11.50
5. Deanna DiLandro, Ramapo	2014	2:12.32
6. Madison Holleran, No. Highlands	2013	2:12.40
7. Lexi DelGizzo, Tenafly	2017	2:12.3
8. Caroline O'Sullivan, Old Tappan	2016	2:13.84
9. Julie Sinkovitz, IHA	2009	2:13.8
10. Jen Metz, Pascack Hills	1992	2:14.01
11. Christina Welzer, Demarest	2014	2:14.20
12. Sarah Adams, Ramapo	2019	2:14.77
13. Toni Ann Angione, Bergenfield	1985	2:15.32
14. Cristina Law, Ridgewood	2007	2:16.55
15. Lynne Collazo, Ridgewood	1989	2:16.59
16. Bry Bonavita, River Dell	2007	2:16.78
17. Cheyenne Ogletree, Garfield	2005	2:16.7
18. Erin McKenna, Ramapo	2009	2:17.54
19. Jess Setless, Paramus	2006	2:17.56
20. Caitlin Hemmer, IHA	2003	2:17.63
21. Paige Fernandez, River Dell	2013	2:17.77
22. Kesley Ramsey, Ramapo	2007	2:17.80
23. Margaret Scutro, Ridgewood	1984	2:17.9
24. Maria Acosta, Paramus Catholic	2016	2:18.3
25. Amanda Mircovich, River Dell	2018	2:18.52
26. Kate Michel, Ridgewood	2008	2:18.55
27. Micaela McPadden, Ridgewood	2013	2:18.67
28. Anna Richard, Northern Highlands	2014	2:18.82
29. Julieanne Fontana, Pascack Hills	2010	2:18.93
30. Virginia Morley, Ridgewood	2018	2:19.37
31. Kaitlyn Cooney, IHA	2008	2:19.38
32. Colleen Buckley, IHA	2014	2:19.49
33. Shauna Koenig, Hackensack	2000	2:19.65
34. Kim Mineo, Glen Rock	2002	2:19.81
35. Ceili Brennan, Westwood	2009	2:19.86
36. Jean Readie, Queen of Peace	1993	2:19.7

37. Katie Sullivan, Rutherford	2013	2:20.14
38. Serena Martinez, Hackensack	2016	2:20.21
39. Samantha Green, Park Ridge	2018	2:20.30
40. Hilary McElwain, No. Highlands	2015	2:20.32
41. Kelsey Larkin, Ramsey	2016	2:20.33
42. Liz Figlar, Ridgewood	1990	2:20.2
Sarah Pagano, IHA	2008	
44. Heather Parrish, Old Tappan	1992	2:20.3
45. Caitlin Wittreich, Tenafly	1997	2:20.31
46. Christine Spilka, Old Tappan	2010	2:20.6
47. Caitlin Smyth, IHA	2001	2:20.90
48. Erin Peters, Hackensack	1992	2:20.8
49. Fiona Ralph, IHA	2017	2:21.01
50. Tara Lyons, Holy Angels	2018	2:20.9
51. Olivia Randolph, Teaneck	2017	2:21.05
52. Diana Lana, Saddle Brook	1994	2:21.09
53. Grace Smiechowski, No. Highlands	2018	2:21.21
Grace McCullough, Teaneck	2019	
55. Jenni Zymet, Paramus	2009	2:21.1
56. Nancy Scott, Garfield	1991	2:21.30
57. Kyla Krawczyk, Northern Highlands	2019	2:21.61
58. Claire Blaney, Ridgewood	1992	2:21.75
59. Katelyn Ary, Demarest	2011	2:21.7
60. Hanako Shigenobu, Ridgewood	2011	2:21.89
61. Renee Pavelski, Ridgewood	1993	2:21.8
Samantha Cannillo, Pascack Valley	2011	
63. Evelyn Kotch, Ridgewood	2018	2:21.99
64. Samira Sujak, Tenafly	2015	2:22.16
66. Diane Bain, Ramsey	2010	2:22.32
67. Ashlyn McKenna, Ramapo	2014	2:22.36
68. Caitlin Ubl, Old Tappan	2015	2:22.38
69. Eve Schoenberg, River Dell	2018	2:22.45
70. Maggie Mircovich, River Dell	2019	2:22.51
71. Michelle McCourt, IHA	2010	2:22.58
72. Victoria Davis, Demarest	2012	2:22.4
Julia Senkevich, Westwood	2013	
74. Jenn Pierce, Northern Highlands	2006	2:22.5
75. Amanda Mircovich, River Dell	2019	2:22.73
76. Allison Torsiglieri, Tenafly	2011	2:22.7
Jamie Mangold, Indian Hills	2013	
Megan Brockmeier, IHA	2015	
Kellie O'Donnell, River Dell	2018	
80. Meghan Adams, Ridgewood	2017	2:22.86
81. Meghan Kocher, Westwood	2011	2:22.9
Dana Bianchi, Westwood	2012	
83. Kathryn Grant, Hackensack	2013	2:23.14
84. Gabriela Sloezen, Westwood	2012	2:23.32
85. Sarah Mellea, IHA	2010	2:23.3
Julia Spaar, Holy Angels	2014	
87. Alesia Passaro, Westwood	2014	2:23.48
88. Suzie Aribat, Ramapo	2014	2:23.49
89. Janay Ferrel, Teaneck	2012	2:23.55

90. Kourtney Gallo, IHA	1995	2:23.5
91. Dana Catanese, IHA	1993	2:23.6
92. Donna Lesch, Indian Hills	1985	2:23.7*
Monika Lucic, Hasbrouck Heights	2018	
94. Jenna Rogers, Ridgewood	1994	2:23.8
Sydney Coughlin, Indian Hills	2013	
96. Alisa Vibulhan, Rutherford	2017	2:24.1
97. Sophia Davis, Queen of Peace	2003	2:24.27
98. Caroline Davidson, Ridgewood	2012	
99. Jillian Digiacinto, Hasbrouck Heights	2015	2:24.36
100. Erika Papaccioli, Paramus	1997	2:24.40

1000Y (19)

1. Margaret Scutro, Ridgewood	1985	2:32.7
2. Jasmin Jones, Hackensack	1986	2:33.2
3. Mary Ellen Mileski, Ridgewood	1983	2:37.2
4. Lynne Collazo, Ridgewood	1988	2:38.61
5. Erin McKenna, Ramapo	2009	2:43.8
6. Julie Sinkovitz, IHA	2009	2:44.1
7. Julieanne Fontana, Pascack Hills	2010	2:44.9
8. Diana Lana, Saddle Brook	1995	2:45.26
9. Lisa Sinkovitz, IHA	2005	2:45.9
10. Kim Mineo, Glen Rock	2002	2:46.5
11. Clair Nowakowski, Ridgewood	2002	2:46.6
12. Meggie Sullivan, Tenafly	2005	2:46.7
13. Erin Henry, Glen Rock	2001	2:47.0
14. Caitlin Hemmer, IHA	2004	2:47.6
15. Julia Emanuel, Tenafly	2002	2:48.1
16. Toni Ann Angione, Bergenfield	1985	2:48.7
17. Justine Schnell, Northern Highlands	2010	2:49.1
18. Caitlin Wittreich, Tenafly	1995	2:50.7
19. Monica Landy, Tenafly	2008	2:51.6
20. KerriAnne Codling, Hackensack	1991	2:52.0
21. Danielle Patoir, Glen Rock	2003	2:52.5
22. Stephanie Westerman, Ridgewood	2005	2:52.7
23. Alex Middleton, Ridgewood	2008	2:53.3
24. Kelsey Larkin, Ramsey	2015	2:53.4
25. Maureen Crimmins, Holy Angels	2011	2:53.6
26. Caroline Davidson, Ridgewood	2012	2:53.8
27. Claire Blaney, Ridgewood	1993	2:54.0
28. Alison Pojanowski, Ramsey	1993	2:54.1
Emily Fishbein, Ridgewood	2012	

1000M

1. Margaret Scutro, Ridgewood	1985	2:47.44
2. Janine Davis, Queen of Peace	2005	2:47.86
3. Jasmin Jones, Hackensack	1986	2:50.36
4. Catherine Pagano, No. Highlands	2014	2:52.04
5. Julia Guerra, Indian Hills	2016	2:54.4
6. Lynne Collazo, Ridgewood	1989	2:56.26
7. Corinne Myers, Westwood	2014	2:56.41
8. Caroline O'Sullivan, NV/Old Tappan	2017	2:56.4

9. Erin McKenna, Ramapo	2007	2:57.8
10. Erin Henry, Glen Rock	2002	2:58.4
11. Madison Holleran, No. Highlands	2013	2:58.9
Shannon Gorla, River Dell	2016	
13. Jen Metz, Pascack Valley	1992	2:59.5
Samantha Green, Park Ridge	2018	
15. Julie Sinkovitz, IHA	2009	2:59.7
16. Julia Emanuel, Tenafly	2003	2:59.9
17. Lindsay Jeltis, Indian Hills	2007	3:00.1
18. Meg McDermott, Ridgewood	1999	3:01.1
19. Jess Setless, Paramus	2006	3:01.4
20. Kim Mineo, Glen Rock	2003	3:01.6
21. Chelsea Lee, Pascack Valley	2015	3:02.0
22. Lexi Del Gizzo, Tenafly	2017	3:02.72
23. Anna Richard, Northern Highlands	2014	3:02.9
24. Lisa Sinkovitz, IHA	2005	3:03.4
Kaitlyn Cooney, IHA	2008	
26. Hanako Shigenobu, Ridgewood	2011	3:03.5
27. Justine Lupo, Ridgewood	2003	3:03.6
28. Jenica Asadorian, Westwood	1999	3:03.8
Monica Landy, Tenafly	2008	
30. Caitlin Smyth, IHA	2002	3:03.9
31. Emily Croonquist, River Dell	2013	3:04.1
32. Maggie Mircovich, River Dell 2019		3:04.24
33. Julieanne Fontana, Pascack Hills	2010	3:04.2
34. Mary D'Ariano, IHA	1999	3:04.5
Melissa Wyka, Fair Lawn	1991	
36. Kelly Conheaney, Ridgewood	2007	3:04.7
37. Deanna Dragone, IHA	2012	3:05.2
38. Sophia Wolmer, Bergen Tech	2018	3:05.8
39. Susana Markolovic, Holy Angels	2009	3:06.0
40. Stephanie Westermann, Ridgewood	2006	3:06.18
41. Clair Nowakowski, Ridgewood	2002	3:06.3
42. Paige Fernandez, River Dell	2012	3:06.5
43. Caitlin Hemmer, IHA	2004	3:06.8
44. Stephanie Doyle, Ridgewood	1996	3:07.1
Meggie Sullivan, Tenafly	2004	
Victoria Sheldon, IHA	2018	
47. Jenna Rogers, Ridgewood	1994	3:07.2
48. Sara Quijano, Paramus Catholic	2018	3:07.4
49. Diana Lana, Saddle Brook	1995	3:07.5
50. Justine Schnell, Northern Highlands	2010	3:07.6
51. Shauna Koenig, Hackensack	1998	3:07.7
52. Kerriann Codling, Hackensack	1991	3:07.9
Cristina Law, Ridgewood	2007	
54. Caroline Davidson, Ridgewood	2012	3:08.0
55. Giavanna Tabbachino, IHA	2017	3:08.40
56. Megan Brockmeier, IHA	2017	3:08.67
57. Danielle Breuel, Hackensack	1994	3:08.6
58. Tracy Della Torre, Glen Rock	1997	3:08.9
Caitlin Wittreich, Tenafly	1997	

60. Sarah Pagano, IHA	2009	3:09.4
61. Shannon Clancy, Bergen Tech	2019	3:09.68
62. Ceile Brennan, Westwood	2009	3:09.9
Mary Watters, Holy Angels	2015	
64. Eileen Fitzgerald, Ridgewood	1991	3:10.0
65. Colleen Buckley, IHA	2013	3:10.2
66. Claire Blaney, Ridgewood	1993	3:10.5
Maggie Loudon, Old Tappan	2009	
68. Liz Figlar, Ridgewood	1989	3:10.6
69. Meghan Adams, Ridgewood	2016	3:10.9
70. Danielle Patoir, Glen Rock	2003	3:11.06
71. Lydon Kersting, Holy Angels	2014	3:11.1
72. Serena Martinez, Hackensack	2015	3:11.33
73. Belmax DeJesus, Fort Lee	2001	3:11.4
74. Katie Sylvester, Holy Angels	2009	3:11.6
75. Sarah Mellea, IHA	2007	3:11.7
76. Alex Middleton, Ridgewood	2008	3:11.96
77. Amanda Tosi, Pascack Hills	2014	3:11.9
78. Courtney Brunet, NV/Old Tappan	2016	3:12.12
79. Brenna O'Rourke, Glen Rock	2003	3:12.1
80. Julie Sprich, Ridgewood	1999	3:12.2
Jean Hughes, Ridgewood	1988	
Maggie McPartland, IHA	2007	
Jolie Bartner, Paramus	2012	
Danielle Dallara, Hasbrouck Heights	2015	
85. Allison Gadaleta, Holy Angels	2007	3:12.4
Hanna Jerome, Dwight-Englewood	2014	
87. Kerry Taylor, IHA	2005	3:12.5
Deanna DiLandro, Ramapo	2012	
Sam Cannillo, Pascack Valley	2012	
90. Amy Van Alstine, Midland Park	2004	3:12.7
Emily Terrin, Ridgewood	2004	
Allison Regan, Rutherford	2015	
93. Torey Middleton, Ridgewood	2009	3:12.8
Kaitlyn Johnston, Ramsey	2013	
95. Gabriela Sloezen, Westwood	2012	3:12.9
96. Natalie Rowland, Mahwah	2009	3:13.0
Courtney Geisenheimer, Demarest	2016	
98. Diana Mangan, Ridgewood	2004	3:13.1
99. Nicole Stinson, Westwood	2000	3:13.5
Maureen Crimmins, Holy Angels	2011	
Melanie Plattner, Fort Lee	2014	

1600 METERS (MILE - 1.8)

1. Catherine Pagano, No. Highlands	2015	4:48.85*
2. Julia Guerra, Indian Hills	2014	4:54.63
3. Margaret Scutro, Ridgewood	1985	4:54.7*
4. Camryn Wennersten, Ridgewood	2019	4:54.87*
5. Caroline O'Sullivan, NV/Old Tappan	2018	4:55.94
6. Toni Ann Angione, Bergenfield	1984	4:56.4*
7. Jasmin Jones, Hackensack	1987	4:57.32*
8. Kesley Ramsey, Ramapo	2007	4:58.81

9. Patti McCluskey, Dumont	1982	4:58.7*
10. Mary Ellen McGowan, Pascack Valley	1981	4:59.2*
11. Corinne Myers, Westwood	2014	4:59.73
12. Caitlin Smyth, IHA	2003	5:00.5*
13. Josette Norris, Tenafly	2013	5:00.71
14. Jenna Rogers, Ridgewood	1994	5:00.91*
15. Olympia Martin, Ridgewood	2017	5:03.26
16. Erin McKenna, Ramapo	2007	5:04.17
17. Sarah Pagano, IHA	2009	5:04.24
18. Kelly Conheeneey, Ridgewood	2007	5:04.37
19. Jean Hughes, Ridgewood	1989	5:06.16*
20. Lisa Zimmer, Ramapo	2012	5:06.6
21. Samantha Green, Park Ridge	2018	5:06.90
22. Lisa Sinkovitz, IHA	2005	5:07.36*
23. Shannon Gorla, River Dell	2016	5:07.44
24. Ashley Strysko, Holy Angels	2013	5:07.45
25. Ariana North, Northern Highlands	2013	5:07.84
26. Julieanne Fontana, Pascack Hills	2010	5:08.08
27. Julie Sinkovitz, IHA	2010	5:08.93
28. Lindsay Jeltis, Indian Hills	2005	5:09.1
29. Martina Brosnahan, IHA	1993	5:09.8
30. Mary Kay Duff, IHA	2009	5:10.66
31. Carleen Jeffers, Ridgewood	2015	5:10.73*
32. Caroline Davidson, Ridgewood	2012	5:10.92
33. Erin Nestor, Northern Highlands	2008	5:11.41
34. Maggie Mirkovich, River Dell	2018	5:11.51
35. Clair Nowakowski, Ridgewood	2001	5:11.4
36. Colleen Buckley, Don Bosco	2015	5:11.70
37. Cassie Keyes, Ridgewood	2018	5:11.83
38. Alexandra Clinton, Ramsey	2010	5:12.00
39. Stephanie Doyle, Ridgewood	1995	5:12.03*
40. Corinne Barney, Indian Hills	2018	5:12.1
41. Meg McDermott, Ridgewood	1999	5:12.82
42. Chelsea Lee, Pascack Valley	2015	5:13.10
43. Celeste Sedo, Ridgewood	1998	5:13.22
44. Daisy Liljegen, Northern Highlands	2019	5:13.45
45. Sam Halvorsen, Ridgewood	2014	5:13.8
46. Julia Emanuel, Tenafly	2003	5:14.0
47. Karen Cannon, Ridgewood	1988	5:14.30
48. Beth Androski, Hackensack	1999	5:14.5
49. Amanda Mircovich, River Dell	2019	5:14.67
50. Anna Richard, Northern Highlands	2014	5:14.98
51. Andrea Rovegno, Ramapo	2003	5:15.0
52. Sarah Policano, Ridgewood	2019	5:15.21
53. Courtney Brunet, Old Tappan	2016	5:15.6
54. Justine Schnell, Northern Highlands	2009	5:15.78
55. Kayla Jarski, Westwood	2019	5:16.09
56. Madeline Barney, Indian Hills	2019	5:16.50
57. Amanda Tosi, Pascack Hills	2014	5:16.60
58. Meghan Adams, Ridgewood	2018	5:16.66
59. Eileen Fitzgerald, Ridgewood	1991	5:16.6
60. Mary Scrivanich, Old Tappan	2018	5:16.78*

61. Paige Wilderotter, No. Highlands	2017	5:16.82*
62. Erin Peters, Hackensack	1992	5:16.7*
63. Jennifer Hughes, Ridgewood	1988	5:16.8
64. Lynne Collazo, Ridgewood	1989	5:17.0
65. Kim Mineo, Glen Rock	2002	5:17.12*
66. Taylor Lebovich, Old Tappan	2005	5:17.2
67. Kaleigh Kenny, Holy Angels	2010	5:17.52
68. Maggie Loudon, Old Tappan	2010	5:18.01
69. Justine Lupo, Ridgewood	2002	5:18.0
70. Monica Hebner, Northern Highlands	2018	5:18.15
71. Shannon Clancy, Bergen Tech	2019	5:18.17
72. Meggie Sullivan, Tenafly	2005	5:18.18
73. Ginger Pojednic, River Dell	2016	5:18.2
74. Elizabeth Flood, Ramsey	2018	5:18.51
75. Teresa Gagliostro, Westwood	2010	5:18.53
76. Lydon Kersting, Holy Angels	2013	5:18.7
77. Erin Thompson, IHA	2010	5:18.8
78. Hanako Shigenobu, Ridgewood	2011	5:18.9
79. Emily Fishbein, Ridgewood	2012	5:19.0
80. Suzanne Abrirat, Ramapo	2013	5:19.28
81. Jess Setless, Paramus	2006	5:19.3
82. Rachel Lotterman, IHA	2012	5:19.8
83. Giavanna Tabbachino, IHA	2014	5:20.1
84. Emily Croonquist, River Dell	2013	5:20.06
85. Amy Kempf, Paramus	1988	5:20.11
86. Isabel Hebner, Northern Highlands	2018	5:20.22*
87. Erin Henry, Glen Rock	2002	5:20.41*
88. Ashley Evans, Pascack Valley	2017	5:20.46
89. Allison Lounsbury, Indian Hills	2019	5:20.50
90. Melissa Wyka, Fair Lawn	1990	5:20.7*
91. Hanna Jerome, Dwight-Englewood	2014	5:21.11
92. Jillian Rothschild, Demarest	2007	5:21.2
93. Mackenzie Hughes, Holy Angels	2018	5:21.3
94. Charlotte Tregelles, No. Highlands	2009	5:21.7
95. Laura Weisberger, Ridgewood	2013	5:21.86
96. Mary D'Ariano, IHA	1999	5:21.8
97. Jen Metz, Pascack Valley	1992	5:21.9
98. Karen Petouvis, Paramus	1995	5:22.03*
99. Francesca Lama, Paramus	2015	5:22.33
100. Deanna Dragone, IHA	2012	5:22.71*

3200 METERS (2 MILES -4.0)

1. Julia Guerra, Indian Hills	2016	10:35.70
2. Patti Mileski, Ridgewood	1983	10:36.96*
3. Monica Hebner, Northern Highlands	2018	10:38.39
4. Josette Norris, Tenafly	2013	10:39.47*
5. Isabel Hebner, Northern Highlands	2018	10:40.95
6. Olympia Martin, Ridgewood	2016	10:41.29
7. Sarah Pagano, IHA	2008	10:43.98
8. Camryn Wennersten, Ridgewood	2019	10:44.19
9. Sam Halvorsen, Ridgewood	2016	10:44.29
10. Carleen Jeffers, Ridgewood	2015	10:47.37*

11. Catherine Pagano, No. Highlands	2015	10:47.5
12. Shannon Gorla, River Dell	2016	10:50.34
13. Corinne Barney, Indian Hills	2018	10:51.01
14. Daisy Liljegren, Northern Highlands	2019	10:53.03
15. Toni Ann Angione, Bergenfield 1985	10:53.2	
16. Abigail McLaughlin, Bergen Tech	2016	10:54.95*
17. Celeste Sedo, Ridgewood	1998	10:55.09
18. Lydon Kersting, Holy Angels	2014	10:57.60*
19. Alex Clinton, Ramsey	2010	10:59.79
20. Madeline Barney, Indian Hills	2018	11:00.71
21. Erin McKenna, Ramapo	2007	11:00.84
22. Caitlin Smyth, IHA	2002	11:03.3
23. Jenna Rogers, Ridgewood	1994	11:04.5
24. Jean Hughes, Ridgewood	1989	11:05.34
25. Ariana North, Northern Highlands	2013	11:06.2
26. Erin Thompson, IHA	2011	11:06.84
27. Amy Kempf, Paramus	1987	11:10.03
28. Jen Hughes, Ridgewood	1988	11:11.3
29. Amy Van Alstine, Midland Park	2006	11:12.30
30. Emily Dunne, Holy Angels	2010	11:12.33
31. Beth Androski, Hackensack	1999	11:14.70
32. Kelly Cleary, Ridgewood	2013	11:14.94
33. Lisa Schadler, Bergenfield	1980	11:17.0
34. Giavanna Tabbachino, IHA	2015	11:19.5
35. Ashley Strysko, Holy Angels	2012	11:20.37
36. Andrea Rothschild, Demarest	2006	11:20.3
37. Norine D'Arcy, Ridgewood	1988	11:22.58
38. Mary Kay Duff, IHA	2008	11:23.0
39. Jasmin Jones, Hackensack	1987	11:23.4*
40. Meredith Jones, Ridgewood	2005	11:23.6
41. Maggie Mircovich, River Dell 2019	11:23.77	
42. Veronica Rocco, Tenafly	2014	11:24.85
43. Cheyenne Ogletree, Garfield	2005	11:25.8
44. Kourtney Gallo, IHA	1995	11:26.59
45. Allison Lounsbury, Indian Hills	2019	11:26.80
46. Stephanie Gibney, Holy Angels	2008	11:27.29
47. Courtney Brunet, NV/Old Tappan	2016	11:28.07
48. Victoria Sheldon, IHA	2017	11:29.27
49. Jen Molke, Holy Angels	2008	11:29.28
50. Ashley Evans, Pascack Valley	2017	11:29.3
51. Teresa Gagliostro, Westwood	2010	11:29.6
52. Nikki Callaghan, Westwood	1997	11:29.93
53. Rachel Lotterman, IHA	2012	11:29.9
54. Lily Williams, Ridgewood	2019	11:30.71
55. Emily Fishbein, Ridgewood	2012	11:30.8
56. Anna Richard, Northern Highlands	2014	11:30.9
57. Patty Martin, Hackensack	1999	11:31.32*
58. Jenica Asadorian, Westwood	1998	11:31.43
59. Shannon Clancy, Bergen Tech	2019	11:31.57
60. Kesley Ramsey, Ramapo	2007	11:31.9
61. Liz Bissell, Indian Hills	2005	11:33.0
62. Ginger Pojednic, River Dell	2016	11:33.50

63. Clair Nowakowski, Ridgewood	2000	11:34.43
64. Kelly Behan, Ridgewood	2000	11:34.55
65. Stephanie Doyle, Ridgewood	1995	11:34.5
66. Deanna DiLandro, Ramapo	2013	11:34.81
67. Sarah Policano, Ridgewood	2019	11:36.20
68. Melissa Wyka, Fair Lawn	1990	11:36.5
69. Meghan O'Toole, Garfield	1997	11:37.2
70. Alexandra Harris, Ramapo	2016	11:38.3
71. Martina Brosnahan, IHA	1993	11:38.8
72. Michelle Kubasek, Bergen Tech	2015	11:38.9
73. Jenna Bauberger, Indian Hills	2004	11:39.11
74. Briana Bayersdorfer, River Dell	2001	11:39.2
75. Mackenzie Hughes, Holy Angels	2017	11:39.44
76. Elizabeth Szambel, St. Mary's	2019	11:39.48
77. Eileen Schultz, Northern Highlands	1985	11:40.7*
78. Mary Kaye Duff, Holy Angels	2007	11:41.1
79. Oni Obelle, Hackensack	2012	11:41.36
80. Grace Jansson, Holy Angels	2016	11:42.21
81. Liz Figlar, Ridgewood	1991	11:42.6
82. Patty Hannon, Paramus	2007	11:42.7
83. KerryAnn Codling, Hackensack	1991	11:43.2
84. Laura Weisberger, Ridgewood	2012	11:43.61*
85. Erica Canas, Old Tappan	2012	11:44.5
86. Alex Walter, Glen Rock	2015	11:44.65
87. Maggie Loudon, Old Tappan	2010	11:45.0
88. Holly Potts, Mahwah	2000	11:45.3*
89. Kellie O'Donnell, River Dell	2018	11:45.37
90. Tara Quinn, Teaneck	1995	11:45.38
91. Cassie Keyes, Ridgewood	2018	11:45.49
92. Lisa Zimmer, Ramapo	2012	11:45.92
93. Shanieka Bernard, Hackensack	2002	11:45.9
94. Brittany Day, Demarest	2011	11:46.71
95. Sylvie Najarian, Pascack Hills	2019	11:47.10
96. Suzana Markolovic, Holy Angels	2009	11:47.1
97. Lauren Judd, Ramapo	2019	11:47.51
98. Christy Bertelsen, Ridgewood	2008	11:47.94
99. Maggie Harms, Ridgewood	2004	11:49.03*
100. Vicky Gusciora, Saddle Brook	1984	11:49.4

55 HURDLES AT

1. Grace O'Shea, Ramapo	2019	7.75
2. Isabelle Dely, Paramus Catholic	2018	8.08
3. Carlene Cummings, Englewood	1998	8.11
4. Michelle Smith, Teaneck	2005	8.23
5. Lara-Jane Que, Ridgewood	2007	8.25
6. Ebony Forbes, River Dell	2015	8.27
Mariah Fede, Paramus Catholic	2018	
8. Evana Edwards, Hackensack	2007	8.29
9. Sarah DeVita, Ridgewood	2011	8.40
10. Jamie Lilien, Pascack Valley	2000	8.42
11. Melene Thomas, Garfield	1996	8.44
12. Mel Lewis, Midland Park	2011	8.46

13. Katherine Brzozowski, Ramapo	2015	8.47	
Dana Lynch, Hackensack	2015		
15. Kim Baumbach, Pascack Valley	1987		8.49
16. Lauren Stern, Mahwah	2018	8.51	
17. Jill Turner, Pascack Hills	2001		8.55
Emily Grubb, Ramsey	2019		
19. Alexandra Cimino, Westwood	2012		8.56
20. Marissa Jackson, Hackensack	1996		8.59
21. Victoria Purritano, Ridgewood	2019		8.61
22. Kerry Fraser, Demarest	1995		8.62
Bridgette Atkinson, Hackensack	1999		
Katherine Muccio, Ridgewood	2018		
25. Chelsea Townes, Hackensack	2005		8.63
26. Justine Diana, Saddle Brook	2001		8.67
Veronica Davi, IHA	1991		
28. Shaye Wisse, IHA	2014		8.68
Kennedee Cox, Paramus Catholic	2019		
30. Amanda Simms, Teaneck	2014		8.69
31. Gina Carlino, IHA	2011		8.80
32. Julia Kelly, Glen Rock	2016		8.81
33. Sophia Dongaris, Tenafly	2019		8.82
34. Gina Pickett, Mahwah	2012		8.84
35. Christian Rasnake, IHA	2017		8.85
Grace Smiechowski, Northern Highlands	2019		
Sara VandenAssem, Ridgewood	2019		
38. Jamie Woods, River Dell	2012		8.87
39. Christina Welzer, Demarest	2013		8.88
40. Fiona Carter, Teaneck	2019		8.89
41. Julia Powell, Old Tappan	2019		8.92
42. Monika Lucic, Hasbrouck Heights	2018		8.93
Rachel McMahan, Glen Rock	2018		
44. Hannah Vanderwall, Glen Rock	2016	8.99	
Virginia Morley, Ridgewood	2018		

SHOT PUT

1. Jessica Molina, Westwood	2016	49-10
2. Kelly Fazekas, Demarest	2003	48-6 ½
3. Theresa Picciallo, IHA	2012	47-8
4. Jessica Fazekas, Demarest	2002	46-7 ½
5. Amarys Berry, Hackensack	2016	46-3 ¾
6. Apresha Hampton, Teaneck	2011	45-9
7. Kathryn Hirsch, Demarest	2010	44-10
8. Nikolia Kanaris, Demarest	2016	44-7 ½
9. Cheyenne Bellerand, Emerson	2014	43-8
10. Regina Weinpahl, Westwood	1983	42-6 ½
11. Jen Flinchum, Demarest	1999	41-10 ¼
12. Jada Sewell, Demarest	2019	41-10
13. Liz Zachgo, Pascack Valley	1985	41-9
14. Elethia Graham, Bergenfield	2002	41-2 ½
15. Kirstine Christiansen, Rutherford	1987	40-10
16. Shannon Sullivan, IHA	2009	40-2 ½
17. Alysha Menzies, Garfield	2013	40-2 ¼

18. Olivia Wade, Paramus Catholic	2010	40-1	
19. Irene Cedano, Hasbrouck Heights	2013		39-11
20. Rachel Pena, Ridgefield Park	2010		39-9 $\frac{3}{4}$
21. Ashley Sims, Paramus Catholic	2009		39-8
22. Young Park, Dwight-Englewood	1989		39-7 $\frac{1}{2}$
23. Karina Roze, Glen Rock	2019		39-6 $\frac{1}{4}$
24. Stacey Price, Westwood	1988		39-6
Sam Ferrero, Demarest	2015		
26. Tammy Jones, Teaneck	1992		39-5
27. Aretah Ettarh, Fort Lee	2010		39-1 $\frac{3}{4}$
28. Leonora Paul, Hackensack	2011		39-1 $\frac{1}{2}$
29. April Kaiser, Park Ridge	2008		39-1
30. Andrea Cerbie, Old Tappan	2004		38-11 $\frac{3}{4}$
31. Catherine Light, Demarest	2018		38-9 $\frac{1}{4}$
32. Lexi Uzoaru, Ridgewood	2017		38-9
33. Taylor Stever, Rutherford	2009		38-8
34. Laura Rizik, River Dell	2016		38-7 $\frac{1}{2}$
35. Chelsea Schiffman, Demarest	2006		38-5 $\frac{1}{2}$
36. Shelley Taketa, Demarest	2002		38-3 $\frac{1}{2}$
37. Jill Hudson, River Dell	2011	38-3	
38. Danielle Dabaghian, Garfield	2004		38-2 $\frac{1}{2}$
Taylor Martin, Hackensack	2012		
40. Laura Oh, River Dell	2013		38-2
41. Kacey Brown, Teaneck	1992		38-1 $\frac{1}{2}$
Jenicka Carter, Westwood	1995		
43. Julietta Ambartsoumian, Demarest	2019		38-1 $\frac{1}{4}$
44. Nicole Uzelac, Midland Park	2001		38-0 $\frac{1}{2}$
45. Bella Sposato, Demarest	2019		37-11 $\frac{1}{4}$
46. Arianna Lombardi, Lyndhurst	2019	37-11	
47. Jessie Steinbeigle, Indian Hills	2005		37-9 $\frac{1}{4}$
48. Eileen Becker, Indian Hills	2008		37-9
49. Jessica Reuveni, Paramus	2012		37-7 $\frac{1}{4}$
Chanel Garcia, Englewood	2015		
51. Erika Czujko, Garfield	1997	37-6 $\frac{1}{2}$	
Renee Wilson, Hasbrouck Heights	2000		
53. Kayla Rosado, River Dell	2015		37-5 $\frac{1}{2}$
54. Shayna Brown, Ridgewood	1998		37-5
55. Angela Acosta, Bergenfield	2008		37-4 $\frac{3}{4}$
56. Aleesha Edwards, Teaneck	2016		37-4 $\frac{1}{4}$
Kiara Germaine, Bergenfield	2017		
58. Lila Lee, Demarest	1999		37-3 $\frac{1}{4}$
59. Kristy Potts, Ridgefield Park	2000		37-2 $\frac{1}{4}$
60. Haley Hirsch, Demarest	2013		37-2
61. Tanya Elashawai, Indian Hills	2006		37-1 $\frac{3}{4}$
Sarah Ahmed, NV/Demarest	2016		
63. Jaimie Parisi, Hackensack	2015		37-1
64. Jamila Morrison, Hackensack	2005		37-0 $\frac{1}{2}$
65. Kristine Josef, Paramus Catholic	2001		36-10 $\frac{1}{2}$
66. Kailee Oakes, Westwood	2014		36-10 $\frac{1}{4}$
67. Shaniek Easley, Hackensack	2002		36-10
68. Tammy Rayevich, Ridgewood	1988		36-9 $\frac{1}{4}$
69. Lindsay Renna, Hasbrouck Heights	2004		36-8

Chardonnay Elliott, Teaneck	2012	
71. Tina Menezes, Demarest	2011	36-6 ½
72. Tarah Davis, Demarest	1996	36-6 ¼
73. Anya Skae, Holy Angels	2018	36-4
74. Alyssa Campbell, Bergenfield	2019	36-2 ½
75. Alfreda Eldridge, Ridgewood	1989	36-1
Natasha Dempster, Hackensack	2012	
77. Lynne Haywood, Dumont	1999	36-0
78. Tatiana Amir, Paramus Catholic	2019	35-10 ½
79. Nicole Robinson, Hackensack	2004	35-9
80. Jesse Jeffs, Demarest	2000	35-8 ½
81. Kerry Frazer, Demarest	1997	35-8
Kim Grein, Ridgefield Park	2001	
Tatiana Ciccone, New Milford	2003	
84. Alana O'Reilly, Hackensack	1988	35-7 ¾
85. Sam Leonessa, Rutherford	2014	35-7
86. Lisa Sesink-Clee, Holy Angels	2012	35-6 ¾
87. Alyssa Connors, Hasbrouck Heights	2009	35-6 ½
88. Cara Czvekus, Holy Angels	2018	35-6
89. Kennedee Cox, Paramus Catholic	2019	35-5 ½
90. Candice Mann, Mahwah	2012	35-5 ¼
91. Brynn Cameron, No. Highlands	2019	35-4
92. Jessica Sarubbi, Cliffside Park	1996	35-3
Pam Carabetta, Dumont	2001	
O'Kievia Redway, Hackensack	2007	

HIGH JUMP

1. Jenna Rogers, Rutherford	2018	5-11
2. Cheryl Burdick, Ramsey	1999	5-9
3. Becky Deetz, Ridgewood	1975	5-8 ¼
4. Amy Nehls, Indian Hills	1986	5-7
5. Jessica Malacrida, Paramus	2005	5-6
Kaela Monte, Ramsey	2018	
Tiffany Bautista, Paramus Catholic	2018	
8. Jamie Lilien, Pascack Valley	2000	5-5 ¼
9. Kelly Barrett, Westwood	1984	5-5
10. Renee Pavelski, Ridgewood	1993	5-4
Ami Racich, Cresskill	1993	
Marie Greaux, Ridgefield Park	1994	
Kerry Wasser, Saddle Brook	1994	
Lesley Hodgson, Glen Rock	1995	
Janet Andrews, Bergenfield	1996	
Bridgette Atkinson, Hackensack	1997	
Nicole Brown, Teaneck	1999	
Jill Turner, Pascack Hills	2001	
Chelsea Townes, Hackensack	2005	
Sarah DeVita, Ridgewood	2011	
Talasiah Balgobian, Teaneck	2011	
Stephanie Encarnacion, Ridgefield Park	2011	
Taryn DeLeon, Old Tappan	2014	
Miku Okada, River Dell	2015	
Lauren Chamberlin, Ramsey	2016	

Samantha Fellowes, Holy Angels	2017	
Hannah Figueroa, Pascack Hills	2018	
Ellie Veenhof, Ridgewood	2019	
29. Jenna Phillips, Ramapo	2014	5-3
Taylor Parcels, Old Tappan	2015	
Lizzie Veenhof, Ridgewood	2019	
32. Fiona McDermut, Tenafly	2019	5-2 ¼
33. Jain Lattes, Dwight-Englewood	1992	5-2
Janice Meyer, Midland Park	1985	
Debbie McDonald, Teaneck	1987	
Sheryl Vander Schyff, Ridgewood	1987	
Jen Maxfield, Tenafly	1994	
Julie Denisenko, Fair Lawn	1994	
Jessica Ramirez, Mahwah	1994	
Delcita Russell, Hackensack	1996	
Kerry Frazer, Demarest	1997	
Rosalyn Perez, Paramus Catholic	1997	
Mary Jones, Hackensack	1999	
Lauren Donahue, Westwood	1999	
Cherilyn Marfino, Hasbrouck Heights	2002	
Serika Thomas, Hackensack	2002	
Tyler Teaton, IHA	2005	
Shenise Halsey, Old Tappan	2006	
Arianna Pomo, Saddle Brook	2006	
Heather Gearity, Rutherford	2008	
Liz Schuck, Westwood	2008	
Allie Ritchards, Mahwah	2009	
Kirsten Bowens, Mahwah	2009	
Khyla Bailey, Paramus Catholic	2010	
Ali Giordano, Waldwick	2011	
Haley Roche, Ridgewood	2011	
Lisa Sesink-Clee, Holy Angels	2011	
Amber Redmond, Hackensack	2013	
Tatiyanna Sanders, Paramus Catholic	2013	
Sophie Montgomery, Ridgewood	2014	
Olivia Pandolfo, Tenafly	2014	
Jazzin Clark, Demarest	2015	
Jordan Zaikov, Cresskill	2015	
Ally Kornberger, Mahwah	2015	
Ashlyn McKenna, Ramapo	2016	
Sarah Schmitt, Hasbrouck Heights	2016	
Alexandra Ruocco, Demarest	2018	
Talia Ferguson, Hasbrouck Heights	2019	

LONG JUMP

1. Carlene Cummings, Englewood	1998	19-1 ¼
2. Tatiyanna Sanders, Paramus Cath.	2014	19-0
3. Jen McDermott, Ridgewood	1989	18-11 ½
4. Tiffany Bautista, Paramus Catholic	2018	18-10
Kennedee Cox, Paramus Catholic	2019	
6. Alexis Trott, Paramus Catholic	2016	18-9 ¼
7. Isabelle Dely, Paramus Catholic	2019	18-9

8. Margaret Rottkamp, Indian Hills	1986	18-8 (19-3 ¼)
9. Consandria Walker, Hackensack	2004	18-7
10. Kristen Brown, Englewood	2009	18-4
Lauren Stern, Mahwah	2018	
12. Caroline Morris, Hackensack	1981	18-3 ¾
13. Lori Morton-Soley, Westwood	1982	18-2 ½
Emma Cunningham, Ramsey	2019	
15. Kim Baumbach, Pascack Valley	1987	17-11 ½
16. Faith Sutton, Paramus Catholic	2017	17-11 ¼
17. Evana Edwards, Hackensack	2008	17-9
Briana Setnitzky, Pascack Hills	2012	
19. Danna Wasserman, Demarest	2010	17-8 ¼
20. Erica Albies, Pascack Valley	1994	17-7 ½
21. Teri Martin, Hackensack	1992	17-6 ½
22. Arianna Pomo, Saddle Brook	2006	17-6 ¼
23. Krista Forbes, River Dell	2015	17-6
24. Krystal Wyche, Hackensack	2007	17-5
Julia Morrone, Hackensack	2019	
26. Maryam Hassan, Cresskill	2016	17-4 ½
27. Kerry Frazer, Demarest	1995	17-4
28. Adria Ferguson, Old Tappan	1993	17-3 ¾
29. Emilie Chang, Ridgewood	1995	17-3 ½
Kelly Redl, Ramsey	2013	
31. Britney Del Mundo, Fair Lawn	2017	17-3 ¼
32. Gina Carlino, IHA	2009	17-3
Victoria Purritano, Ridgewood	2018	16-11 ½
34. Marina Reilly, River Dell	2015	17-2 ¾
35. Tiffany Evangelou, IHA	2008	17-2 ¼
Gena Pickett, Mahwah	2012	
37. Jamie Lilien, Pascack Valley	2000	17-1 ¾
38. Liana Meyer, Bergen Tech	2019	17-1 ½
39. Jackie Geitz, Old Tappan	2009	17-1
Shaena Wizzard, Teaneck	2010	
41. Fiona Carter, Teaneck	2019	17-0 ¾
42. Lori Rogoff, Pascack Valley	1990	17-0 ½
Taryn DeLeon, Old Tappan	2014	
44. Jenn Pierce, Northern Highlands	2005	17-0 ¼
Asher Beasley, Paramus Catholic	2010	
46. Danielle Kroll, Indian Hills	2004	17-0
Jessica Molosh, Indian Hills	2008	
Kirsten Bowens, Mahwah	2009	
Nia van Brackle, Teaneck	2014	
50. Brooke Bogart, Ridgewood	2006	16-11 ¾
51. Aisha Barber, Teaneck	1995	16-11
Thatcha DaCosta, Englewood	2001	
Jackie Kasen, Pascack Valley	2002	
Jenn Pierce, Northern Highlands	2006	
Talasiah Balgoban, Teaneck	2011	
Patty McHugh, Waldwick	2013	
Rosemary Menyhart, Paramus Catholic	2015	
58. Shaye Wisse, IHA	2013	16-10 ½
59. Jenna Rogers, Rutherford	2018	16-10 ¼

60. Nicole Phillibosian, Paramus	2004	16-10
Cristina Law, Ridgewood	2007	
Marie Minasi, Holy Angels	2009	
Whitney Bailey-Hicks, Ridgefield Park	2017	
64. Keirsten Wallace, Westwood	1990	16-9 ½
Taylor Parcels, Old Tappan	2015	
66. Noreen Byrne, River Dell	2014	16-9
Brooke McKnight, Hasbrouck Heights	2015	
68. Chrissy Procopio, Indian Hills	2002	16-8 ¾
Emily Barr, Ridgewood	2008	
Sarah DeVita, Ridgewood	2011	
Melissa Esposito, Saddle Brook	2012	
72. Erin Racano, Ramapo	2016	16-8 ½
Lauren Chamberlin, Ramsey	2017	
Madison Libby, IHA	2019	
75. Jill Turner, Pascack Hills	2001	16-8
Ana Atkinson, Teaneck	2013	
Nicole Vadon, Pascack Hills	2018	
Marisa DiGia, Old Tappan	2019	
79. Melissa Bochiario, Glen Rock	1995	16-7 ¾
80. Olivia Pandolfo, Tenafly	2016	16-7 ½
81. Justine Diana, Saddle Brook	2001	16-7 ¼
Faith Ninivaggi, Ridgewood	1993	
Taylor Clarkson, Indian Hills	2011	
Julia Powell, Old Tappan	2019	
Sarah Hutchins, Glen Rock	2019	
86. Mary Sok, Westwood	1985	16-6 ¾
87. Jackie Kaminski, Saddle Brook	2003	16-6 ½
Katie McKeon, Ridgewood	2015	

TRIPLE JUMP

1. Carlene Cummings, Englewood	1998	40-9 ¾
2. Jen McDermott, Ridgewood	1989	39-10 ½
3. Consandria Walker, Hackensack	2004	39-3
4. Tiffany Bautista, Paramus Catholic	2018	39-1 ¼
5. Emma Cunningham, Ramsey	2019	38-11
6. Zia Barr, Teaneck	2018	38-2 ½
7. Margaret Rottkamp, Indian Hills	1986	38-0 ¾
8. Tatiyanna Sanders, Paramus Catholic	2014	38-0 ¼
9. Lauren Stern, Mahwah	2018	38-0
10. Rosemary Menyhart, Paramus Cath.	2015	37-10 ¼
11. Gena Pickett, Mahwah	2012	37-7 ¾
12. Evana Edwards, Hackensack	2008	37-5 ¼
13. Amanda Katz, Ramapo	2018	37-5
14. Britney DelMundo, Fair Lawn	2017	37-3 ¼
15. Ana Atkinson, Teaneck	2013	37-2
16. Kerry Fraser, Demarest	1996	37-0 ¾
17. Maryam Hassan, Cresskill	2015	37-0 ½
18. Alyssa Maier, River Dell	2007	36-11 ½
Kirsten Bowens, Mahwah	2009	
20. Rayn Moses, Hasbrouck Heights	2012	36-10 ½
21. Isabelle Dely, Paramus Catholic	2019	36-10 ¼

22. Alexis Trott, Paramus Catholic	2016	36-9
23. Teri Martin, Hackensack	1992	36-8 $\frac{3}{4}$
24. Marina Reilly, River Dell	2015	36-8 $\frac{1}{2}$
25. Kim Baumbach, Pascack Valley	1987	36-8
26. Tiffany Walker, Hackensack	1995	36-7 $\frac{1}{4}$
27. Marie Minasi, Holy Angels	2009	36-3 $\frac{3}{4}$
28. Ashley Marquard, Glen Rock	1995	35-11 $\frac{1}{2}$
Shaena Wizzard, Teaneck	2010	
30. Sheena Strachan, Englewood	2004	35-10 $\frac{1}{4}$
Nia Van Brackle, Teaneck	2015	
32. Jessica Molosh, Indian Hills	2008	35-9 $\frac{1}{2}$
Sara VandenAssen, Ridgewood	2019	
34. Danielle Kroll, Indian Hills	2005	35-8 $\frac{3}{4}$
Tiffany Evangelou, IHA	2008	
36. Keirsten Wallace, Westwood	1990	35-8 $\frac{1}{4}$
37. Kristen Brown, Englewood	2009	35-7 $\frac{1}{4}$
Talia Ferguson, Hasbrouck Heights	2019	
39. Katie Cochran, Westwood	1982	35-6
Sophia Dongaris, Tenafly	2019	
41. Chantea Cummings, Teaneck	2012	35-5 $\frac{3}{4}$
42. Daphne Blick, Teaneck	1990	35-5 $\frac{1}{2}$
Rebecca Hazell, Holy Angels	2019	
44. Shanelle Cross, Garfield	2005	35-5 $\frac{1}{4}$
45. Noreen Byrne, River Dell	2015	35-5
46. Tara Keegan, Westwood	2009	35-4 $\frac{3}{4}$
Faith Sutton, Paramus Catholic	2016	
48. Julia deBenedetto, River Dell	2017	35-4
49. Racquel Clarke, Teaneck	2005	35-3 $\frac{3}{4}$
50. Brooke Kristensen, Mahwah	2008	35-3 $\frac{1}{4}$
51. Mary Jones, Hackensack	1999	35-3
Savannah George, Englewood	2018	
53. June Hoppie, Englewood	1994	35-2 $\frac{3}{4}$
54. Shenise Halsey, Old Tappan	2005	35-2 $\frac{1}{4}$
Melissa Esposito, Saddle Brook	2011	
56. Jackie Kaminski, Saddle Brook	2003	35-1 $\frac{1}{2}$
57. Julia Healy, Northern Highlands	2017	35-1 $\frac{1}{4}$
58. Caitlin Sherry, River Dell	2001	35-1
Gina Salmins, Ramapo	2013	
60. Alyssa Fanucci, Old Tappan	2005	35-0 $\frac{1}{2}$
61. Emily Lampariello, Old Tappan	2000	34-11 $\frac{1}{2}$
62. Chrissy Procopio, Indian Hills	2002	34-11
63. Angela Talucci, Indian Hills	2001	34-10 $\frac{3}{4}$
64. Debbie Majowicz, IHA	2014	34-10 $\frac{1}{2}$
65. Hayley Kellinger, Saddle Brook	2005	34-10 $\frac{1}{4}$
66. Marissa Jackson, Hackensack	1997	34-9 $\frac{3}{4}$
67. Amanda Simms, Teaneck	2014	34-9 $\frac{1}{2}$
68. Aisha Barber, Teaneck	1994	34-9 $\frac{1}{4}$
69. Kristin Kern, Indian Hills	2006	34-9
Sydney Woods, Demarest	2018	
Liana Meyer, Bergen Tech	2019	
72. Karly McIlwain, River Dell	2004	34-8 $\frac{3}{4}$
73. Stephanie Encarnacion, Ridgef. Park	2011	34-8 $\frac{1}{2}$

Brianna Setnitzky, Pascack Hills	2011	
75. Lori Jones, Westwood	1990	34-8 ¼
76. Sarah DeVita, Ridgewood	2009	34-7 ¾
77. Lynn Matanle, Glen Rock	2005	34-7 ½
Marissa Romano, Hasbrouck Heights	2011	
Amber Redmond, Hackensack	2014	
80. Thatcha DaCosta, Englewood	2001	34-7
Serenity Martin, IHA	2009	
Melinda Rothman, Mahwah	2010	
83. Helena LaMothe, Ridgewood	1999	34-6 ¾
Olivia Dubois, IHA	2018	
85. Monika Lucic, Hasbrouck Heights	2017	34-6
86. Jain Lattes, Dwight Englewood	1992	34-5 ¼
87. Taryn DeLeon, Old Tappan	2014	34-5
Lauren Michel, Mahwah	2014	
89. Ana Law, Ridgewood	1999	34-4 ¾
Danielle Pena, Ridgefield Park	2011	
Julia Kelly, Glen Rock	2016	
92. Julia DiBenedetto, River Dell	2018	34-4 ¼
93. Tanya Brown, Englewood	1992	34-4
Cheryl Simmons, Paramus Catholic	2002	
Lauren Chamberlain, Ramsey	2016	

POLE VAULT

1. Sydney Woods, Demarest	2019	13-0 ¾
2. Melissa Purcell, Pascack Valley	2018	12-6 ¼
3. Michelle Rubineti, Demarest	2016	12-6
4. Kayla Polcari, Ridgewood	2011	12-3
5. Chelsea Hartigan, Ramapo	2010	12-0
Jessica Ippolito, Fair Lawn	2017	
Marisa DiGia, Old Tappan	2019	
8. Michelle Favre, Saddle Brook	2008	11-8 ½
9. Caroline McGann, Holy Angels	2018	11-7
10. Catherine Rozalski, Queen of Peace	2014	11-6
Caitlin Reverend, NV/Demarest	2016	
Nicole Lester, Ridgewood	2018	
13. Ann Polcari, Ridgewood	2008	11-4
14. Mimi DeVita, Ridgewood	2012	11-1
Carolyn Edler, Mahwah	2012	
16. Michelle Rozalski, Queen of Peace	2013	11-0
Megan Gambuti, Ramapo	2013	
Jordan Evan-Chen, Ramapo	2013	
Lauren Bilali, Old Tappan	2015	
Maxine Earl, Ridgewood	2016	
Bridgette Muller, Mahwah	2016	
Amanda Katz, Ramapo	2018	
Jamie Rossig, Pascack Hills	2019	
24. Cassie Wong, Ridgewood	2006	10-6
Ashley Walker, Mahwah	2009	
Melinda Rothman, Mahwah	2010	
Bridgette Brindley, River Dell	2013	
Christina Masciale, Pascack Hills	2014	

Jenna Braun, Mahwah	2015	
Erin Yuder, Demarest	2017	
Jackie Helm, Paramus	2017	
Juliana Schraer, Pascack Valley	2018	
Arianna Cavalli, Old Tappan	2018	
Kyra Muller, Mahwah	2018	
35. Nicole Piccinich, Emerson	2012	10-3
36. Emily Mino, River Dell	2008	10-0
Melissa Davila, Hackensack	2007	
Tricia Murphy-Kennelly, Mahwah	2006	
Giana Abballe, Old Tappan	2010	
Danielle Wankmuller, Pascack Hills	2011	
Anne Kavalerchuk, Fair Lawn	2011	
Julie Weismiller, IHA	2015	
Grace Gardella, Ramsey	2016	
Marisa Entrup, Mahwah	2016	
Kaia Becker, Northern Highlands	2018	
Samantha Cioppio, Glen Rock	2018	
Alyssa Fico, Ramsey	2019	
Erika Kluge, Northern Highlands 2019		
49. Kerri Norton, Ridgewood	2004	9-6
Robin Lee, Ridgewood	2009	
Ramelle Brown, Ridgewood	2009	
Gina Germinaro, Old Tappan	2009	
Hilary Felice, River Dell	2009	
Madison Lucas, Old Tappan	2011	
Ilanna Brown, Ridgewood	2012	
Alexis Doucette, Pascack Valley	2012	
Grace Cepeda, River Dell	2015	
Jordan Hecker, Demarest 2019		
59. Alyssa Milazzo, Westwood	2011	9-0
Maggie Schultz, Mahwah	2012	
Michelle Forbes, Hackensack	2012	
Danielle Cannici, Hasbrouck Heights	2013	
Natalie Miller, IHA	2013	
Nikki Shaner, Tenafly	2014	
Natalie Leon, Old Tappan	2016	
Allison Sumereau, Pascack Valley	2017	
Julia Tucci, Old Tappan 2019		
Julia Dakwar, Ramsey 2019		
Ellie Veenhof, Ridgewood 2019		
Samantha Conjour, Pascack Valley 2019		
72. Sherri Lajoie, River Dell	2008	8-10
PENTATHLON		
1. Kennedee Cox, Paramus Catholic	2019	3,329
2. Sarah DeVita, Ridgewood	2011	3,267
3. Jamie Lilien, Pascack Valley	2000	3,232
4. Kerry Frazer, Demarest	1997	3,193
5. Jenna Rogers, Rutherford 2019	2019	3,187
6. Cristina Law, Ridgewood	2007	3,184
7. Renee Pavelski, Ridgewood	1993	3,068

8. Monika Lucic, Hasbrouck Heights	2018	3,061
9. Heather Garity, Rutherford	2009	3,044

need 1986-87 boys, 1988-1989 boys, 1989-1990 boys; 1990-1991 girls

pre 1986-87

February 12, 1984 Bergen Relays

February 7, 1986 Bergen Relays

feb. 20, 1987

21-Feb-86

feb 24, 1984

mar. 7, 1976

23-Feb-77

mar 2 1980

February 6, 1987